VANCOUVER INTERNATIONAL AUTOSHOW
MARCH 28 TO APRIL 2, 2017
VANCOUVER CONVENTION CENTRE
RBC Continental autoTRADER.ca ICBC BC Hydro Power smart DUB

Vancouver metro

Your essential daily news | TUESDAY, MARCH 28, 2017 | High 8°C/Low 6°C Rain

FOCUS ON FAMINE

'It's very shameful that people are dying of hunger in 2017.'
- Hassan Ibrahim
metroNEWS

HAZY FUTURE

Camden Lowrie is a floor manager at The Medical Cannabis Dispensary in Vancouver and says customers are already coming in with lots of questions about marijuana legalization.
WANYEE LI/METRO

How legalization will affect Vancouver's pot shops
metroNEWS

For a fun city, just add public space
metroNEWS

Crown seeks 12 year sentence in cyclist deaths
metroNEWS

Anti-racism protesters clash with Soldiers of Odin
metroNEWS

Discount tickets online use promo code **Metro**

Win thousands in prizes
Free seminars, expert speakers
(778) 294-8910
info@VancouverInternationalHomeShow.com

Vancouver International Home Show
April 26-30
Pacific Coliseum

Prequalify for a mortgage in 60 seconds[1].

Introducing the RBC® True House Affordability™ Tool

- ✓ **Easy** – Access it online, from anywhere and get fast results.
- ✓ **Accurate** – Receive a personalized estimate of the purchase price you may be able to afford before you start your home search.
- ✓ **Expert Advice and Great Pricing** – Get connected with a mobile mortgage specialist who will meet you anytime to provide advice and help you save with Employee Mortgage Pricing[2].

+ EMPLOYEE MORTGAGE PRICING
BACK FOR A LIMITED TIME[3].

RBC® Let's Make Someday Happen™

1. The True House Affordability Tool provides a mortgage prequalification. It is not a mortgage approval or pre-approval. It is an estimate of the amount of mortgage you may qualify for with us based on the accuracy and completeness of the information provided by you, is for illustrative and general information purposes only and is not intended to provide specific financial or other advice. For additional terms and conditions visit rbc.com/60seconds. 2. Offer limited to properties located in British Columbia and to eligible applicants. Offer limited to new 4 and 5 year fixed term closed residential mortgages only. 3. Eligible mortgage applications must meet our standard lending criteria and be started between March 6 and July 7, 2017, inclusively. Employee Rates are discounted rates and are not the posted rates of Royal Bank of Canada. Employee mortgage rates may be changed, withdrawn or extended at any time without notice. For additional offer terms and conditions visit www.rbcroyalbank.com/dms/mortgages/buying/employee-pricing2017/index.html. Personal lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria for residential mortgages. ® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

metro NEWS
Your essential daily news

Bill Steele, of Oshawa, Ont., has bought a 15-cell New Brunswick jail and plans to retire there.

Owning our downtown core

PUBLIC SPACES

City wants new strategy and advocates weigh in

Jen St. Denis
Metro | Vancouver

The City of Vancouver wants to pledge money and staff resources to a dedicated strategy to create more and better public spaces in the densely populated downtown.

Public-space advocates are welcoming the strategy but say it's not just about creating a nice park or plaza; the spaces have to be designed or programmed in a way that encourages people to use them.

"You can have two identical public spaces, and you can have one that is essentially unused and anther that is used for a variety of different uses and by a variety of different people," said Paola Qualizza, chair of the Vancouver Public Space Network.

The city staff report will go before council on March 28 and proposes spending $350,000 this year on the strategy, which staff say will help to link together different projects and create an overall plan for downtown. The work includes hiring two planners, doing public consultation and putting experimental projects in place while the planning work is ongoing.

The work will include conducting a "public space and public life" study this summer, where planners monitor and study how people use different city spaces.

The strategy is good news to the Downtown Vancouver Business Improvement Association, which recently got serious about helping to foster more public space downtown. Projects have included adding café-style tables and chairs to Hornby Plaza, and transforming an alley between Hastings and Seymour streets into a bright pink and yellow space that welcomes basketball games and more pedestrian-friendly.

The projects came out of the DVBIA's 2015 public consultation project around the future of downtown Vancouver. There are now plans to transform a second alleyway behind the Orpheum theatre this summer, said Charles Gauthier, CEO of the DVBIA.

The organization was previously opposed to the permanent closure of the 500 block of Robson Street to vehicle traffic. But that changed after hearing that people have a huge interest in "a central gathering place" near the Vancouver Art Gallery (the plaza on the north side of the art gallery has been under construction but will be reopening soon).

The DVBIA is now on the stewardship council for the 500 block of Robson and wants to see more programming in the space — not just the tables and chairs that are currently there, Gauthier said.

Downtown Vancouver has a lot of public space already, Qualizza said, noting that VPSN has catalogued over 300 sites. It's more about how well it's being used.

"If there's no sense of ownership of the space and if there's nothing to ignite people's imaginations about what they can do in a space, then they'll remain unused," she said.

"We have a culture here of pretty conservative public space use. You're worried: Can I even play music here, or am I going to get a bylaw officer coming after me?"

An alley between Hastings and Seymour Street transformed into a more welcoming public space. DVBIA/KIM BELLEAVANCE

> If there's no sense of ownership of the space and if there's nothing to ignite people's imaginations about what they can do in a space, then they'll remain unused.
> Paola Qualizza, chair of the Vancouver Public Space Network

In 2016 the Downtown Vancouver Business Improvement Association added café-style tables and chairs to Hornby Plaza in Vancouver's downtown financial district. DVBIA

You are invited to an **INFORMATION SESSION**

STENBERG COLLEGE

604-580-2772
stenbergcollege.com

OPTICIAN Diploma Program

Do you have retail/customer service experience? An eye for fashion?

Opticians are an integral member of the eye-care team who design, produce and fit eyeglasses, contact lenses and specialized products for their clients. Our program provides training in eyeglass, contact lens fitting and automated refraction. **This program prepares students to successfully complete the national licensing exam.** Earn up to $25/hour with the potential to earn more than $85,000/year. **Accredited by the National Association of Canadian Optician Regulators (NACOR).**

$2000 Bursary for next start on May 8, 2017

You are invited to an
INFORMATION SESSION
Wednesday, March 29
7:00 pm – 9:00 pm
Stenberg College
Suite 750-13450 102nd Ave, Surrey
(Central City Tower)

Please RSVP to
rsvp@stenbergcollege.com or
by tel: 604-634-0384

Customers foggy about future of Vancouver's pot dispensaries

MARIJUANA

With date of legalization set there is concern prices will rise

Wanyee Li
Metro | Vancouver

Pot shop experts and a local city councillor are applauding the federal government for setting a date for marijuana legalization but warn its success rests on marijuana prices and provincial funding.

The federal government announced Sunday night it will introduce legislation to legalize marijuana in April and that the law would come into effect no later than Canada Day 2018.

But dozens of pot shops in the city operate in a legal grey area and experts say their fate is uncertain in light of the upcoming legalization. One marijuana dispensary manager says customers are already coming in with questions about the decision.

"There are lots of concerns raised by people. The biggest one is people are afraid the price is going to fluctuate," said Camden Lowrie, who has worked at The Medical Cannabis Dispensary in Vancouver for five years.

Marijuana pricing will fall under the provincial jurisdiction, according to the federal government.

A man smokes during the annual 4/20 cannabis culture celebration at Sunset Beach in Vancouver, B.C., during 2016. Marijuana users are concerned over what the future holds for the price of the drug. THE CANADIAN PRESS/DARRYL DYCK

"If the [provincial government] is serious about getting rid of dispensaries or taking over the market, they will have to have a much lower price. If legal marijuana can be sold for $3, $4 per gram or less, that can be very effective in competing with dispensaries," said long-time pot advocate Dana Larsen.

"But if their price is high, people will keep participating in the black market as well."

Larsen is the director of The Vancouver Dispensary Society, a non-profit that runs two marijuana dispensaries in the city, including the store where Lowrie works. That locations sell cannabis at about $10 per gram or less, he said.

One of his locations is well on its way to getting a business licence from the city but the other is running up against a court injunction, he said.

Nearly a year after announcing its intention to regulate marijuana dispensaries in the city, Vancouver has issued four business licences to pot shops and five to compassion clubs as of Monday. It has also issued 36 development permits for pot shops and 10 business licences are currently under review, according to a city spokesperson.

But the city can't keep enforcing rules around marijuana because is an expensive endeavour, said Vancouver city councillor Kerry Jang.

"We've had no support so we're pretty much on our own."

> **But if their price is high, people will keep participating in the black market as well.**
> Pot advocate Dana Larsen

He emphasized that any future marijuana laws will need to be accompanied by provincial money. The B.C. government should be in charge of inspecting marijuana stores and testing their product, he said.

"If you want to have proper regulation and proper public health goals being met, then the province certainly has to step up and take it seriously."

If the province doesn't want to regulate existing pot shops, a Vancouver lawyer says government could open its own marijuana shops similar to B.C. Liquor stores.

"You don't want (marijuana) to fall into the hands of children. You want it to be of a consistent strength and quality," said Tony Wilson, a lawyer at Boughton Law. "By doing it via government stores, you are accomplishing those goals."

Wilson, who practices franchise, licensing, and intellectual property law, says the province should slap high taxes on marijuana. "I want the government to tax the bejesus out of marijuana. Tax it like liquor," he said.

Send free, unlimited *Interac* e-Transfer®* transactions*.

It almost feels good to send money. Almost.

BMO
We're here to help.™

*Terms and conditions apply. ®*Interac e-Transfer is a registered trademark of Interac Inc. Used under license.

ENTER TO WIN THE

2017 NISSAN PATHFINDER

PLATINUM MIDNIGHT EDITION

at VancouverInternationalAutoShow.com

VANCOUVER INTERNATIONAL AUTOSHOW

MARCH 28TH TO APRIL 2ND 2017

VANCOUVER CONVENTION CENTRE

NISSAN

Innovation that excites

Celebrate Nissan Pathfinder's 30th anniversary at #VanAutoShow17

I ♥ #VanAutoShow17

metro 明報 OMNI REDD 93.1FM RBC Continental ICBC autoTRADER.ca

12 years sought for drunk driver

SENTENCING

Court hears victim impact statements from family

A cyclist who fell several hundred metres behind two of his friends on the day they were hit and killed by a drunk driver near Pemberton says the accident scarred him for life.

Stewart Blaser told a B.C. Supreme Court sentencing hearing for Samuel Alec that when he recalls that day, "I want to curl up in a ball and cry."

The court heard an agreed statement of facts Monday that said Alec was driving home from a friend's funeral shortly before noon on Sunday, May 21, 2015, when he crossed the centre line and crashed head on with cyclists Kelly Blunden and Ross Chafe, who died instantly in the collision.

Paul Pierre Jr., a passenger in the vehicle and a man Alec considered to be a brother, was also killed in the collision.

Blaser told the court that the images from that day will haunt him forever.

"I recall walking towards the accident scene to check on my friends and saw a body part and bicycle debris everywhere. It was so horrific that I had to turn back. It made me sick."

As he walked back to his seat Blaser paused and stared at Alec, fists tightened and jaw clenched.

Alec's blood alcohol level was measured after the collision

> **I will forever be heartbroken.**
> Penelope Day

at about three times the legal limit, and numerous witnesses described him as visibly drunk and smelling of alcohol, the agreed statement of facts said.

The Crown has recommended Alec be sentenced to 12 years in prison, and be barred from driving for up to 18 years.

Alec slowly twirled an eagle feather in his hand as tears ran down his face while he listened from the prisoner's box to victim impact statements from the friends and family of the three men killed.

Blunden's mother, Penelope Day, spoke of her upbringing in Britain during the Second World War. Despite being taught to confront adversity with a stiff upper lip and not show her emotions, she said she can't when it comes to the loss of her son.

"I've had almost two years to try and understand the senselessness of this man's actions, but regardless I will forever be heartbroken," she said.

"I love my son so dearly and miss him all the time. Death is so very, very final."

Crown attorney Grace Oh read several statements to the court, including one from Lindsay Thevarge, Pierre Jr.'s daughter, who described the relationship between her young son and his grandfather.

"Deacon and his papa were inseparable. They loved each other to no end," said the statement read in court.

"My son had just turned three shortly before his papa passed away. That is far too early to lose a papa."

THE CANADIAN PRESS

Fifty-year-old Ross Chafe, right, and Kelly Blunden, 53, were killed in May 2015 when a vehicle struck them while they were cycling on Highway 99 near Pemberton. FACEBOOK

YOUR BEST INVESTMENT IS YOU.

START WITH THE EDIT.

Invest in yourself and you'll never lose. Experience exceptional fit firsthand with our carefully edited selection of suits and sports jackets from BOSS, Z Zegna and Samuelsohn. Our expert Clothing Advisors will make sure you look and feel your best, and our world-class tailors will make complimentary in-house alterations. What's more, we can advise you on adding shirts, a tie and shoes to complete the look so you play to your strengths on every occasion. And should your garment ever require repairs, you're protected by our Lifetime Maintenance Guarantee. The secret to getting ahead? Getting started.

BOSS HUGO BOSS 'Create Your Own' Suit Separates & Ready to Wear | SAMUELSOHN 1935 Made to Measure & Ready to Wear | Z Zegna Ready to Wear

HARRY ROSEN

HARRYROSEN.COM

PACIFIC CENTRE 604.683.6861 • OAKRIDGE CENTRE 604.266.1172

A Sierra Club report highlights the concessions government has made since Premier Christy Clark first outlined her vision for an LNG industry in 2011. DARRYL DYCK/THE CANADIAN PRESS

LNG industry means higher hydro bills

ENERGY

Sierra Club warns public will have to shoulder costs

Matt Kieltyka
Metro | Vancouver

The Sierra Club is warning that British Columbia's push for a liquefied natural gas industry will mean higher hydro bills.

The environmental organization released a report Monday highlighting the concessions government has made to industry proponents since Premier Christy Clark first outlined her vision for an LNG industry in 2011.

As the price and demand for LNG has diminished over the years since, so has the province's stance on subsidizing electricity used by proposed processing plants.

According to the report, government set an energy price for the LNG sector at $83.02 per MWh in 2013, promising that BC Hydro ratepayers do not shoulder the costs of LNG-related infrastructure and new energy supplies.

Late last year, government announced a new rate of $54.34 per MWh.

That subsidized rate will come at a cost to BC Hydro, the report warns.

Coupled with having to pay off the $9 billion Site C dam, which will likely power any LNG plants, Sierra Club BC campaigns director Caitlyn Vernon says the public will be left with the tab in the form of higher electricity bills.

"The simple message is that what oil and has companies are being charged is much less than what it actually costs to produce the energy," said Vernon.

"This government is making concession after concession after concession to try to lure these companies to B.C. and it's up to the ratepayers to make up the difference."

Vernon said there are too many variables to determine exactly how much people's hydro bills could increase should any LNG projects proceed.

Originally projected to up and running by 2015, the province's LNG industry has yet to materialize.

So far, only the $1.6-billion Woodfibre LNG project near Squamish has been approved by all levels of government and has had its board confirm a final investment decision.

It is licensed to export about 2.1 million tonnes of LNG annually.

In contrast, LNG Canada and Pacific NorthWest LNG would each ship roughly 10 times that amount.

But Shell announced last July it was indefinitely postponing its LNG Canada project and Petronas, the Malaysian state-owned company behind Pacific Northwest LNG (which does have federal approval), has also delayed a final investment decision.

WITH FILES FROM THE CANADIAN PRESS

TRANSFORM YOUR IDEAS INTO REAL-LIFE PRODUCTS

Earn your Bachelor of Design degree with KPU's Product Design program

PRODUCT DESIGN CAREERS:

- Product Designer / Developer
- Product Buyer / Retailer
- Environmental Designer
- Packaging / Furniture Designer
- Survival & Safety Wear Designer

Applications Open Now!

kpu.ca/product-design

WILSON SCHOOL OF DESIGN AT KWANTLEN POLYTECHNIC UNIVERSITY

Where thought meets action

‘Soldiers of Odin’ held for crashing anti-racism rally

ALTERCATION

Organizer upset police didn’t do more

Jen St. Denis
Metro | Vancouver

Vancouver police say several men who are members of the anti-immigrant group Soldiers of Odin were arrested on Sunday after violence broke out at an International Day Against Racism rally.

Imtiaz Popat, one of the organizers of the rally, said participants began noticing that Soldiers of Odin members were following the march as people walked down Hastings Street.

Around 200 rally participants marched from Thornton Park to Victory Square in downtown Vancouver and were making speeches at around 1:50 p.m., according to police and organizers.

When Soldiers of Odin members arrived at Victory Square as speeches began, “tempers flared almost immediately,” wrote Jason Doucette, media liaison with the Vancouver Police Department.

Arguments between rally participants and Soldiers of Odin quickly escalated to pushing and shoving, Doucette said.

Popat said that some of the Soldiers of Odin members were picking up chairs at that point in the altercation.

Three men were arrested for breach of the peace and released shortly after the rally ended, Doucette said.

Popat said he was frustrated the men were released so quickly. He added that in the past, police have separated opposing groups at rallies before the situation escalates.

A March 26 video shows police subduing Soldiers of Odin members who disrupted an anti-racism protest. FATIMA JAFFER/FACEBOOK

> They had this big Canadian flag, which they were waving around like a weapon. Imtiaz Popat

“They were shouting down people, blocking people, being very aggressive. And they had this big Canadian flag, which they were waving around like a weapon,” Popat said.

“Just before (MLA) Jenny Kwan was to speak, they threw a purple smoke bomb.”

Police said they had not found smoke bombs or any other weapons.

Soldiers of Odin have been present in Vancouver since September 2016, when members of the group began patrolling areas like the Downtown Eastside. While the group says it is concerned with community safety and activities like cleaning up used needles, experts say the organization has ties to an international group co-founded by a Finnish white supremacist convicted of racially motivated assaults.

In an interview for a Sept. 26 story on the Vancouver chapter, Metro asked Soldiers of Odin member Bill Daniels whether the group is specifically anti-Muslim or anti-immigrant.

“That’s how it started, but it’s gotten past that,” Daniels replied. “It’s become more of a charity helping people.”

WITH FILES FROM DAVID P. BALL

A Soldiers of Odin jacket. COURTESY MIKE MONTAGUE

ABBOTSFORD

Pay what you want for these good eats

Ashley Singh
For Metro | Vancouver

Abbotsford might be the first city in Western Canada to open a pay-what-you-can café next year.

Abbotsford resident Kyle Dyck, founder of Abby Eats Café, came up with the idea while he was watching an episode of Guy Fieri’s Diners, Drive-ins and Dives, showcasing another pay-what-you-can café.

“I was like, ‘What do I want to do next? I want to help, I want to engage the city of Abbotsford, how can I help?’ We have huge food insecurity issues.... It exists here in Abbotsford for sure,” Dyck said. “So I just thought, ‘How can I be a part of the solution here?’”

The model offers four different payment methods. Aside from paying for a meal like at any other restaurant, customers can add a donation, pay whatever they can afford or volunteer to work at the café.

Although new to Abbotsford, there are about 60 such cafés in North America.

“We’re trying to create a different culture and atmosphere where you’re engaging both poor and rich with high-quality food,” said Dyck.

According to the Abby Eats Café website, about 13 per cent of Canadians don’t have access to reliable amounts of safe, good-quality and nutritious food, and the average monthly cost to provide food for a family of four in British Columbia was $974 in 2015.

Dyck hopes to open the café in early 2018.

DATA ANALYTICS
FOR A COMPLEX WORLD.

Data analysis for business intelligence is a hot skill in our economy. Build your expertise with the Applied Data Analytics Certificate program. Start with one course and work toward a credential part time. Learn more at bcit.ca/adac

BCIT™

The Syncrude oilsands plant, north of Fort McMurray, Alta., in 2009. **Environment Canada says oil prices and economic growth are some of the factors that will impact Canada's greenhouse gas emissions.** MARK RALSTON/AFP/GETTY IMAGES FILE

Emission target is elusive

ENVIRONMENT CANADA

Report says we are on pace to miss reduction target for 2030

Environment Canada is projecting that, based on policies in place last November, the country was on pace to miss its reduction target for greenhouse gas emissions by 2030, pumping out at least 30 per cent more than promised that year.

The projections, which were compiled in February and published online this month, are not a forecast of how emissions will change in the coming years. The report describes the projections more as an educated guess based on policies in place as of Nov. 1, 2016.

The projections don't factor in technological and regulatory changes after that day, for example, and are "most appropriately viewed as a range of plausible outcomes," the report says.

The biggest development since Nov. 1 is the unveiling of the Pan-Canadian Framework on Clean Growth and Climate Change, a federal-provincial deal to cut emissions that was inked last December.

Erin Flanagan, director of federal policy for the Pembina Institute, said the report is nonetheless a "red flag," as it underlines how the government must remain vigilant and committed to cutting emissions that contribute to climate change.

"It is a constant reminder that our job is not done," Flanagan said.

"Politicians have an unhelpful habit of announcing plans and thinking that the announcement means they can transition to other priorities. We need to see constant engagement from the federal government, and from the provinces and territories."

> **It is a constant reminder that our job is not done.**
> Erin Flanagan

According to the Environment Canada projections based on policies as of Nov. 1, Canada will emit between 697 megatonnes and 790 megatonnes of greenhouse gases in 2030, depending on a range of factors that include oil prices and the rate of economic growth.

Canada's goal under the Liberal government is to cut emissions to 523 megatonnes in 2030 — a reduction of 30 per cent below 2005 levels.

TORSTAR NEWS SERVICE

GERMANY

Massive Canadian gold coin gets pinched

A massive gold coin issued by the Royal Canadian Mint has been stolen from a museum in Germany.

Police in Berlin say thieves broke into the German capital's Bode Museum before dawn Monday and made off with the 100-kilogram gold coin worth millions of dollars.

The "Big Maple Leaf" coin, which is three centimetres thick with a diameter of 53 centimetres, has a portrait of the Queen on one side and maple leaves on the other.

The "Big Maple Leaf" coin

The museum, which has one of the largest coin collections in the world, said on its website that coin has been on loan in its numismatic collection since 2010.

It was issued by the Royal Canadian Mint in 2007 and it is in the Guinness Book of Records for its purity of 999.99/1000 gold.

Royal Canadian Mint spokesman Alex Reeves says the coin does not belong to the mint and the owner is unknown.

He said it has a face value of $1 million, but by weight alone it would be worth almost $4.5 million US at market prices.

Museum spokesman Stefen Petersen said Monday the thieves apparently entered through a window at about 3:30 a.m., broke into a cabinet where the coin was kept, and escaped with it before police arrived.

He added that a ladder was found by nearby railway tracks.

THE CANADIAN PRESS

Introducing our biggest small business bonus ever: up to 75,000 Aeroplan Miles.

TD Business Banking. The Official Partner of Big Dreams.

TD Aeroplan More Miles Business Bundle

Find out how you can get our biggest small business bonus ever with the TD® Aeroplan® *VISA* Business credit card and select Banking and payment products. It's just one of the ways we're helping small business owners realize their dreams every day.

Conditions apply. Offer ends June 14, 2017.

Visit td.com/moremiles-vm or call 1-866-887-3745 to learn more

TD

® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Man's motive still a mystery

LONDON ATTACK

'No evidence' that Khalid Masood had link to Daesh

Police have found no evidence that the man who killed four people in London last week was associated with the Islamic State group or al-Qaida (a.k.a. Daesh), a senior British counterterrorism officer said Monday.

Deputy Assistant Commissioner Neil Basu of the Metropolitan Police said Westminster attacker Khalid Masood clearly had "an interest in jihad," but police have no indication he discussed his attack plans with others.

Basu, who also serves as Britain's senior national co-ordinator for counterterrorism policing, said last Wednesday's attack — in which Masood ran down pedestrians on London's Westminster Bridge before fatally stabbing a policeman guarding Parliament — "appears to be based on low-sophistication, low-tech, low-cost techniques copied from other attacks."

Masood, 52, was shot dead by police after his deadly rampage, which police have revealed lasted just 82 seconds.

Police believe Masood — a Briton with convictions for violence who had spent several years in Saudi Arabia — acted alone, but are trying to determine whether others helped inspire or direct his actions.

Detectives on Monday continued to question a 30-year-old man arrested Sunday and a 58-year-old man arrested shortly after Wednesday's attack. Both were detained in the central England city of Birmingham, where Masood had recently lived.

Prime Minister Theresa May said last week that Masood was "a peripheral figure" in an investigation into violent extremism some years ago. But Basu said he was not a "subject of interest" for counterterrorism police or the intelligence services before last week's attack.

Masood was born Adrian Elms, but changed his name in 2005, suggesting a conversion to Islam.

Basu said there was no sign Masood was radicalized during one of his stints in prison, the last of which was in 2003.

THE ASSOCIATED PRESS

HONG KONG ESCALATOR SENDS PASSENGERS HURTLING Video footage shot by witnesses showed that an upwards escalator at Mong Kok mall in Hong Kong suddenly reversed and went downward at an obviously higher speed, causing dozens of passengers to lose their balance and tumble down. "It was so sudden that people couldn't respond in time ... more than 10 people piled up near the base of the escalator," shopper Lau Kit-ying told the South China Morning Post. The escalator reportedly passed a safety inspection just last week. TORSTAR NEWS SERVICE/SCREENGRAB

AIRLINE

Leggings fly: United

United Airlines says regular-paying flyers are welcome to wear leggings aboard its flights, even though two teenage girls were barred by a gate agent from boarding a flight from Denver to Minneapolis because of their attire.

An airline spokesman said that the girls were travelling Sunday under an employee travel pass that includes a dress code. The move sparked a wave of online criticism against United. Comedian Sarah Silverman tweeted she would change her United flight bookings to other airlines for a tour next month because of the leggings issue.

Chicago-based United sought to clarify its stance in a post on its website late Sunday titled, "To our customers ... your leggings are welcome!"

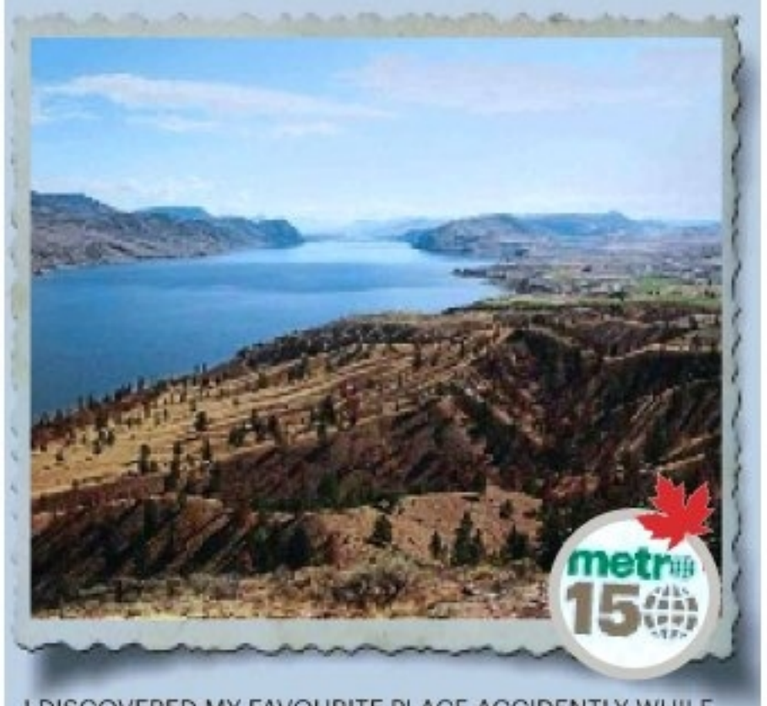
The post says employees are "regularly reminded" about its dress code.

THE ASSOCIATED PRESS

150 WAYS of looking at Canada

POSTCARD NO. 56

KAMLOOPS LAKE, SAVONA, B.C.



I DISCOVERED MY FAVOURITE PLACE ACCIDENTLY WHILE PULLING OVER AT A REST STOP. WANTING TO EXPLORE THE AREA, I COULDN'T BELIEVE WHAT I SAW HIDDEN BEHIND SOME TREES: THE MOST AMAZING POSTCARD VIEW OF KAMLOOPS LAKE, 10 MINUTES EAST OF SAVONA, B.C. **WIL WONG**

Trump aims to roll back Obama's climate-change efforts

Moving forward with a campaign pledge to unravel former President Barack Obama's sweeping plan to curb global warming, U.S. President Donald Trump will sign an executive order Tuesday that will suspend, rescind or flag for review more than a half-dozen measures in an effort to boost domestic energy production in the form of fossil fuels..

As part of the roll-back, Trump will initiate a review of the Clean Power Plan, which restricts greenhouse gas emissions at coal-fired power plants. The regulation, which was the former president's signature effort to curb carbon emissions, has been the subject of long-running legal challenges by Republican-led states and those who profit from burning oil, coal and gas.

Trump, who called global warming a "hoax" invented by the Chinese, has repeatedly criticized the power-plant rule and others as an attack on American workers and the coal industry. THE ASSOCIATED PRESS

'Just heartbreaking'

Drought and armed conflict have left much of Somalia grappling with starvation

Gilbert Ngabo
Metro | Toronto

The story still gives Hassan Ibrahim nightmares.

Earlier this year, a woman and her three young children left Somalia's northeastern region of Garoowe, one of the areas hit hardest by the ongoing drought. They walked 10 days to Mogadishu, the capital city where many non-profit organizations have been assisting thousands of Somalis. By the time she reached it, all three of her children had starved to death on the way.

"Just heartbreaking," said Ibrahim, originally from northern Somalia but a resident of Canada for more than 20 years.

"It's very shameful that people are dying of hunger in 2017. There's just too much wealth in the world, and this famine situation could have been easily prevented."

Somalia is one of four countries facing famine, a result of both long drought and the ongoing conflict with terrorist rebels Al Shabab. By the end of last month, more than 250,000 people had left their rural homes to join settlements in urban areas or cross the border into neighbouring countries.

The UN World Food Program, one of many groups providing assistance on the ground, warned the current situation could mirror the 2011 crisis, when a full-blown famine in the Horn of Africa killed about 260,000 people.

Members of the Somali Canadian Task Force on Famine Prevention in Somalia have teamed up with Islamic Relief Canada to raise funds that will help buy food supplies for people affected by famine.

But Ibrahim, 42, fears it could get worse, especially since signs of hunger are now spread all over the country.

"People are losing 500 or 600 heads of camels and sheep and cows," he said, noting the country mostly subsists on the cattle industry. "This is the worst we've seen in our lifetime."

Ibrahim and other Somali Canadians are leading fundraising efforts across the country. Last month, the newly formed Task Force on Famine Prevention in Somalia sent a letter to Justin Trudeau asking him to do more.

"We just want the world to know they can help save lives," he said.

The UN World Food Program warned the situation could mirror the 2011 crisis that killed about 260,000 in the Horn of Africa.
THE ASSOCIATED PRESS

HOW YOU CAN HELP

Somali-Canadians across the country and many other NGOs are leading efforts to assist those affected by famine in Somalia:

- **Somali Canadian Task Force on Famine Prevention in Somalia:** Formed last month as a response to the ongoing famine, the group has raised over $300,000 through Islamic Relief Canada. More info at islamicreliefcanada.org
- **Horn of Africa Development Assistance:** The Ottawa-based non-profit runs development projects in Somalia aimed at fighting poverty and building capacity. To get involved or donate, visit hada.ca

ABOUT THIS SERIES

Metro is chronicling the story through the lens of immigrants from the affected countries, with a focus on how people can get involved.

Monday Vicky Mochama on how Canada can step up its interventions.

Tuesday Focus on Somalia, and how this could be worse than 2011.

Wednesday Yemen, and the role of war in the ongoing famine.

Thursday The situation in South Sudan, the world's youngest country.

Friday Nigeria, with views from diaspora members and a local expat

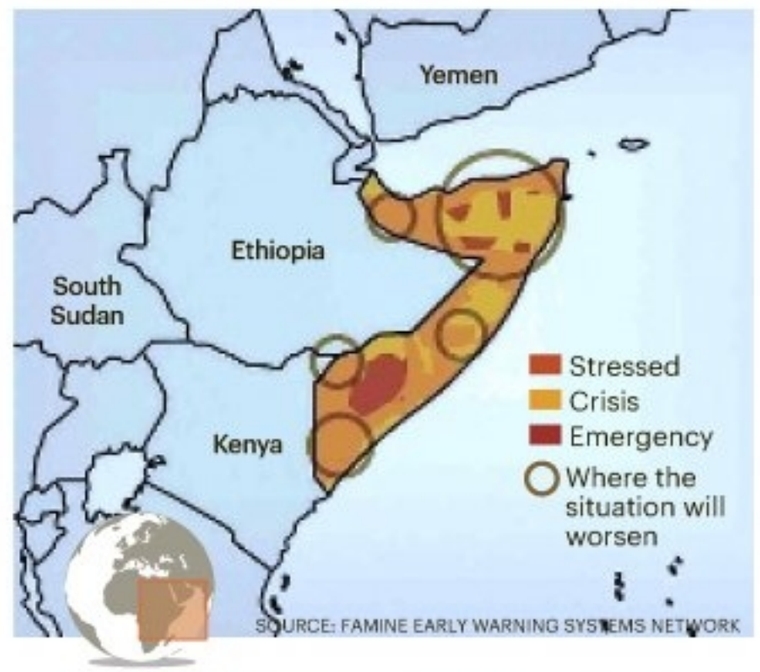
BY THE NUMBERS | SOMALIA

1 in 2
Somalia has a population of 12.3 million. Of its entire population, nearly **6.2 million people are food insecure**

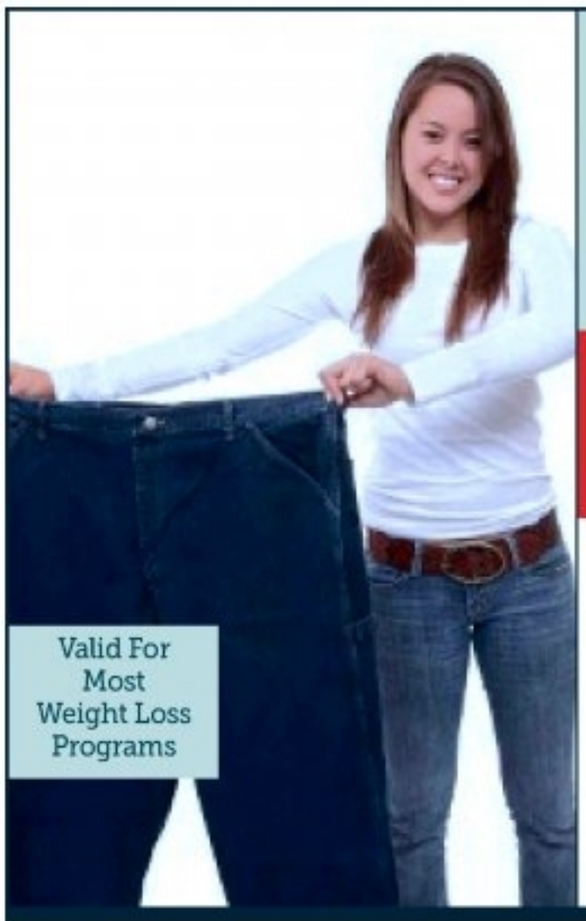
363,000
children under five are acutely malnourished

$283.7 million / **$863.5 million**
Total funds raised to avert the famine crisis / Total funds needed

SOURCE: UN OFFICE FOR THE COORDINATION OF HUMANITARIAN AFFAIRS



SOURCE: FAMINE EARLY WARNING SYSTEMS NETWORK



$1,800 WEIGHT LOSS GRANT

Do You Have More than 20 lbs to Lose?

Valid For Most Weight Loss Programs

- Apply Now - Acceptance is Guaranteed!

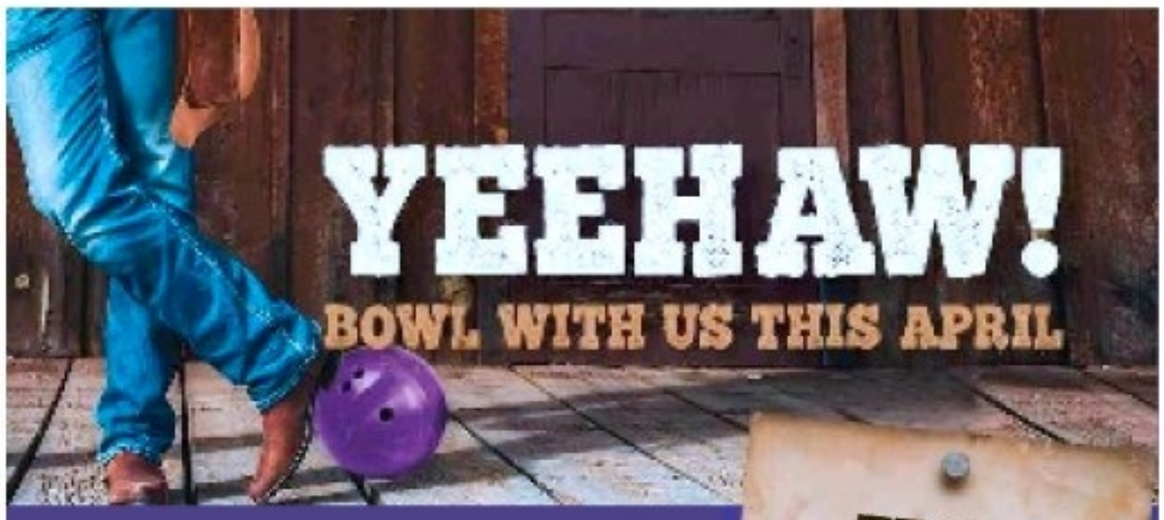
- No Cost or Fee to Apply
- Approval within 48 Hours
- Thousands Paid Monthly!
- See Website for Application Deadline.

www.weightlossgrants.org

Recent Grant Recipients:

Holly Williams, Oshawa, ON, $1800 - Andrea Rewutzsky-Gardin, Brooklin, ON, $1016 - Karina Perez, Mississauga, ON, $1,209 - Sandra Feliz, Newmarket, ON, $980 - Linda Galluccio, Vaughan, ON, $1,631 - Krystina Marolias, East York, ON, $1,328 - Robin Turner, Ajax, ON, $613 - Elisha Lee, Toronto, ON, $731 - Haji Makki, Kleinburg, ON, $980 - Wendy Reardon, Scarborough, ON, $1,585 - Barbara Birch, Sicamous, BC, $955 - Deborah Sproule, Mission, BC, $960 - Jenny Bailey, Okotoks, BC, $600 - Ann Rusch, Williams Lake, BC, $1,690 - Theresa Kitt, Kamloops, BC, $1,440 - Larry Bowhay, Calgary, AB, $1,055.

Please visit www.weightlossgrants.org for full Guidelines, Terms & Conditions. Operated by the Oral Aesthetic Advocacy Group.



SIGN UP a team for Canada's largest Western-themed bowling night out!

ROLL for a good cause. You don't need to be a pro-bowler to help local kids.

WIN great prizes and have fun with your friends or co-workers.

BOWLFORBIGBROTHERS.COM

Title Sponsor Scotiabank | Presenting Sponsor MR. LUBE | Media Sponsor CTV | Print Sponsor metro metronews.ca

Diamond Sponsors FREEMAN | Benefiting Big Brothers of Greater Vancouver

New code hailed for egg-farmers

ANIMAL WELFARE

Cramped cages for hens to be phased out

Pelissero's egg farm in West Lincoln, Ont., has new enriched colony housing cages. THE CANADIAN PRESS

The Canadian Federation of Humane Societies says a new code of practice for egg farmers will help reduce the extreme stress suffered by egg-laying hens and give consumers some assurance about the term "cage-free."

The National Farm Animal Care Council code released Monday calls for producers to phase out the use of small, cramped cages for hens over the next 15 years and sets new care standards for the birds.

The new code says at least 85 per cent of hens should be housed in larger enclosures known as "enriched cages" or should be "cage-free" by 2031. The code also spells out standards of care to ensure that hens can perch and forage for food, have boxes to nest in and better care if they become sick or hurt.

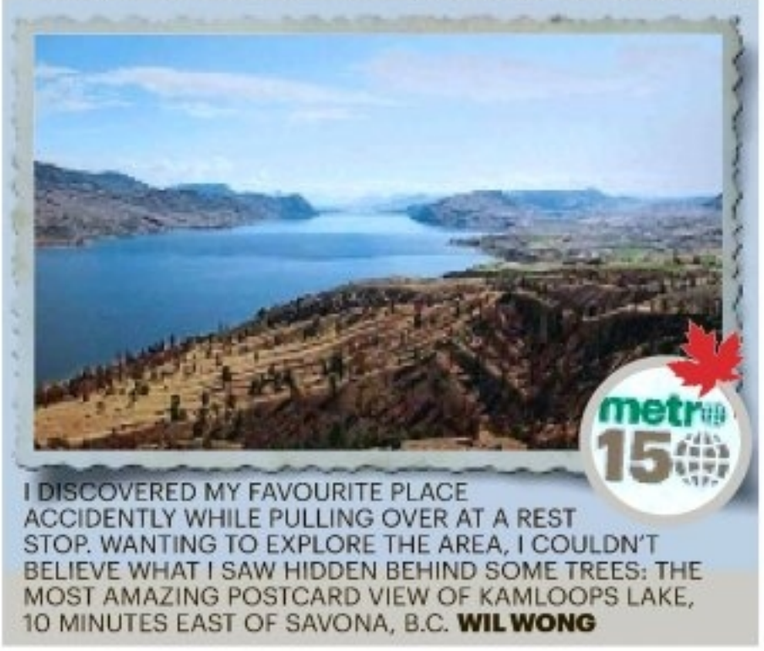
Roger Pelissero, chairman of Egg Farmers of Canada, said the transition will be a challenge for some of the organization's 1,000 regulated farmers as they look at upgrading their equipment. He said the transition's speed will partly depend on demand for eggs and the price consumers are willing to pay.

THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 56

KAMLOOPS LAKE, SAVONA, B.C.



I DISCOVERED MY FAVOURITE PLACE ACCIDENTLY WHILE PULLING OVER AT A REST STOP. WANTING TO EXPLORE THE AREA, I COULDN'T BELIEVE WHAT I SAW HIDDEN BEHIND SOME TREES: THE MOST AMAZING POSTCARD VIEW OF KAMLOOPS LAKE, 10 MINUTES EAST OF SAVONA, B.C. **WIL WONG**

NEW YORK CITY

Fearless Girl staying

The statue of a young girl staring down Wall Street's famed Charging Bull will remain in place through February 2018 instead of being removed this coming Sunday, the mayor of New York said. Mayor Bill de Blasio appeared with the Fearless Girl statue on Monday on the lower Manhattan traffic meridian where the two bronze figures face each other.

The four-foot, 250-pound ponytailed girl was installed this month to highlight the dearth of women on corporate boards as she stands strong against the 11-foot-tall, 7,100-pound bull. The girl became an instant tourist draw and Internet sensation.

THE ASSOCIATED PRESS

metro CITIES
Your essential urban intelligence

BLUEPRINT by Sarah-Joyce Battersby

A whole solution in half a house

Forget giving it 110 per cent — when it comes to affordable housing, 50 per cent gets the job done. Build half a house. That's Chilean architect Alejandro Aravena's plan to tackle the global housing shortage. Dubbed 'incrementality,' the plan has earned Aravena international acclaim. **Metro asked Michael McClelland, founding partner of ERA Architects, if it could happen here.**

ELEMENTAL

1 Guidance required Half-houses already built in Mexico and Chile feature a full frame and a line down the middle. One half is a fully functioning home. The other is empty space the new owners can fill as they wish. The design cuts costs and creates pride of ownership for residents.

2 The right tenant Nothing inherent in the plan would stop Canadians from trying it, said McClelland, but it could be more suitable for particular tenants. He envisions affordable live-work spaces, with housing completed by pros and the workspace handed over to artists.

3 Location, location, location Plunking a subdivision of half-houses into dense urban areas isn't likely, said McClelland, but large areas slated for development are an ideal canvas.

4 After the War Amateur house-building kits were popular after the Second World War, when housing needed to go up fast. To that end, Aravena's firm released drawings for four of its low-cost designs for free download by others wanting to emulate the project.

5 Now's the time The federal budget released last week included $11.2 billion for housing initiatives over 11 years. That means it's the perfect time to start dreaming up big, bold ideas, McClelland said.

WORD ON THE STREET by David Hains

Five simple steps to build a happy city

Charles Montgomery
TORSTAR NEWS SERVICE

For urbanist author Charles Montgomery, the overriding goal of city planning is clear: Make people happy.

Montgomery, the author of the 2013 book Happy City, had this revelation when he learned about Enrique Penalosa, the former mayor of Bogotá, Colombia, who dedicated himself not to increasing the Colombian capital's GDP or reducing crime, but to increase residents' happiness.

Earlier this month, Canada ranked seventh of 154 countries on the UN's World Happiness Report: Not bad, but still our lowest score ever. Canadian cities could be happier. We asked Montgomery how.

Experiment

Montgomery said cities should try new ideas and measure what works. "The city is a laboratory," he said.

Understand what makes happiness

Some of the metrics behind happiness, like GDP per capita and life expectancy, are predictable. But others aren't as obvious, including generosity, trust and the freedom to make life choices. Montgomery said these elements are critical to building a happy city, and the greatest contributor to unhappiness is low social trust.

People want to live in happy cities

If you ask people where they would like to live, there's a good chance they'll describe a happy city, where there's the freedom to walk to work or shopping, and spaces to interact with neighbours and be close to nature.

Authentic spaces

Montgomery said the best public spaces for happiness are non-corporate and comforting. He cites a Portland, Ore. neighbourhood that transformed an intersection into a public piazza. "There was a blast radius of happiness around there," he said.

Power to the people

In order to enable more of these happy spaces, Montgomery said people should feel empowered to shape their city. "Most of us never get a chance to co-create our lives in cities," he observed. But we'd be happier if we did.

PUBLIC WORKS
The week in urbanism

GODZILLA VS. CARS
An urban designer slash comic-maker is highlighting the perils of being a pedestrian in Delhi (where 17 people die in traffic accidents every hour). In one of his short animations, people tower over the city, flicking away cars.

BEING JANE JACOBS
Have you ever wanted to take down the Godzilla of urban planning, New York's highway-loving Robert Moses? With the free mapping tool Un-Moses, you can. Built by Jeff Sisson, the tool removes urban highways from your city of choice to reveal all the opportunities that lie beneath.

URBAN DICTIONARY

DEFINITION
Placemaking has become increasingly popular since the 1960s, and refers to a process and philosophy for making good public spaces. It's all about "strengthening the connection between people and the places they share," according to Cities for People.

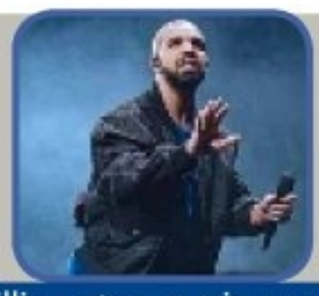
USE IT IN A SENTENCE
When the public square was re-purposed for a concert and public art done by kids, it was **placemaking** in action.

CITY CHAMP
Vancouver-based **Melissa Bruntlett** and her partner sold their family car in 2010 and soon after launched Modacity, a website and consulting firm promoting cycling, walking and public transit. She also pens a #WomenInUrbanism series.
@mbruntlett

metro Your essential daily news
CHIEF OPERATING OFFICER, PRINT **Sandy MacLeod**
VICE PRESIDENT & EDITOR **Cathrin Bradbury**
EXECUTIVE VICE PRESIDENT, REGIONAL SALES **Steve Shrout**
MANAGING EDITOR VANCOUVER **Jeff Hodson**
ADVERTISER INQUIRIES adinfovancouver@metronews.ca **General phone** 604-602-1002
FREE TO SHARE

metro LIFE

Your essential daily news



Drake's More Life breaks record with 385 million streams in one week

A taste of Indigenous culture

FOOD

Chefs aim to raise awareness of traditional native foods

Tina Ottereyes manages Tea-N-Bannock, where the menu reflects different First Nations groups. A sample of a meal shared on Instagram: soup, bannock and wild salad (top right). Another eatery, NishDish, serves Anishinaabe cuisine such as gluten-free corn cake with blueberry coulis (below right). RANK GUNN/THE CANADIAN PRESS; INSTAGRAM

Canadian cuisine might include a mix of culinary traditions, but the food of one of the country's founding groups is largely missing. An emerging group of indigenous chefs and restaurateurs hope to change that.

Rich Francis, chef-owner of Seventh Fire Hospitality Group in Saskatoon, says he's "cooking for reconciliation" as he specializes in his interpretation of modern indigenous cuisine.

"Everything that's been taught in school is through a colonial lens. It's not our story. It's colonial books, so now I'm stepping into a time where we are telling our own stories through our own lens and our own vision."

Francis, a member of the Tetlit Gwich'in and Tuscarora Nation and originally from Fort McPherson, N.W.T., was a finalist on Top Chef Canada and is opening a restaurant this summer.

Meanwhile, he's catering and conducting events like a recent Cooking for Reconciliation dinner series in Vancouver, where he focused on local indigenous foods such as halibut, razor clams, and stone fruits.

Lenore Newman, a B.C. professor with a Canada Research Chair in food security and environment, says the country is seeing a resurgence in indigenous food "and a very timely one that needs to happen."

"I think there is still serious reparation to be made, though."

During work for her recent book, Speaking in Cod Tongues: A Canadian Culinary Journey, Newman learned of indigenous groups' huge role in helping early settlers survive.

"Then you enter this horrible period where indigenous cuisine was actively destroyed and used as a weapon. The biggest example is the clearing of the bison and how that was basically a genocide," says Newman.

"Out here on the West Coast the potlatch was banned. In residential schools, people were taken away from their indigenous foods. They were prevented from using them or talking about them.

"We have a lot of reckoning to do and some of that is culinary. And so what that meant was for a very long time you didn't hear about indigenous cuisine except very peripherally as kind of exotic."

Tina Ottereyes, who manages Tea-N-Bannock, agrees First Nations food is "very underrepresented" in Canada's restaurant sphere and is happy more eateries are opening.

> **You won't find any of this stuff in history books or cookbooks.**
> Rich Francis

"We're starting to share more of our culture and more of our food," says Ottereyes, from Wemindji Cree First Nation on James Bay in Quebec.

"When I grew up we hunted and we trapped and we fished. That was my culture, that was the food that I ate.... Each tribe has a different diet according to their area."

The menu at Tea-N-Bannock reflects traditional dishes from different tribes.

Hominy corn grown by a local farmer is the base for their Ojibwa corn soup, made through a labour-intensive process, while wild rice comes from First Nations people in northwestern Ontario.

Though meats like elk and bison are prepared traditionally, they are farmed, not wild, because the product must be certified and inspected.

Francis says there should be some leniency when it comes to wild food.

"The regulations put in place by the government don't allow us to fully express ourselves," he explained.

Elsewhere in Toronto, NishDish, a cafe focused on Anishinaabe recipes, was slated to open this month in Toronto.

A smattering of colleges also offer indigenous culinary courses.

THE CANADIAN PRESS

"Sapiosexual", the new term sweeping online dating sites, recognises the subjective attraction of intelligence. ISTOCK

Intelligent is the new sexy for online daters

ONLINE DATING

Self-identifying as sapiosexual is the latest way to stand out

According to his Tinder profile, Liam Nelson, 26, likes good music and good food. He dislikes bad music and bad food. He also considers himself sapiosexual.

To Nelson, who is straight and works as a recruiter in Toronto, this means not necessarily a woman's IQ but her emotional maturity and open-mindedness. He knows it's entirely subjective.

"It's no different from saying: 'I'm attracted to brunettes.' It's not some sort of strict rule. It's what we know about ourselves in terms of what tends to push our buttons in order to feel attraction," Nelson says.

"Sapiosexual" refers to those "sexually attracted to highly-intelligent people," according to Merriam-Webster. Derived from the Latin for wise, sapiosexuality is technically genderless.

While the concept isn't new, the term has become a common declaration on dating apps.

Because it's 2017, there is, of course, an app for this. Newly-launched Sapio, designed for those "sick of superficial hookup apps," claims to have 50,000 new users in the last month.

"Sapiosexual" was defined as early as 2004 on Urban Dictionary as "one who finds intelligence the most sexually attractive feature."

The definition has been updated several times in the last few years to take on a more cynical tone appropriate for the digital age. From 2016: "For many, defining oneself as sapiosexual is also a statement against the current status quo of hookup culture and superficiality, where looks are prized above all else."

Some critics say sapiosexuality is ableist and possibly discriminatory, as intelligence comes in many forms.

"The saying 'smart is sexy' is problematic because you're insinuating (probably subconsciously) that those who aren't 'traditionally' smart are less attractive," wrote one commenter on a Facebook thread. The website Bustle called sapiosexuality "the worst dating trend" because it seems exclusionary.

Lindsay Gonder, 33, says she always swipes left on — ignores — self-proclaimed sapiosexuals. She doesn't like what the label implies: the pressure to perform "being smart" in order to appear attractive to someone else.

She also rejects the idea that intelligence and sex are mutually exclusive. "I can be intelligent and just want to hook up, and it's my decision," Gonder says.

Intelligence is an increasingly desirable trait in a partner, according to what's known as the American mate selection survey.

The most recent analysis, published in 2015 in the Journal of Family Issues, found men ranked "education and intelligence" fourth, up from 11th in 1939. Women ranked intelligence fifth, up from ninth 80 years ago. (Both sexes rank mutual love and attraction first.)

"There's no blanket, universal definition of intelligence," says Florida-based Sapio co-founder Kristin Tynski says.

And self-described sapiosexuals told us the attraction was less about having an advanced degree than someone's perspective or curiosity about the world.

TORSTAR NEWS SERVICE

SUBJECTIVE

- Some individuals are attracted to social or emotional intelligence; others to intelligence based on education or intellect, says Sapio co-founder Kristin Tynski.
- Sapio users are encouraged to answer questions such as "What would your parents be most surprised to learn about you?" Users then search for response-based matches.

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Final Girls season is brilliant

THE SHOW: Girls, Season 6, Episode 4 (HBO)
THE MOMENT: Desi's rehab

Marni's (Allison Williams) narcissism is on full display in the final season of Girls. CONTRIBUTED

Desi (Ebon Moss-Bachrach), a musician, is in rehab. With a facilitator present, he confronts his ex-wife, Marnie (Allison Williams). "I've been thinking," Desi begins. He coughs. "Can I have some water?" Slowly, he pours water into a glass. More slowly, he drinks. With the glass half empty, he pauses. He drinks again.

Finally, he speaks. He tells her she made everything worse, and then when he was struggling, she walked away.

"I shut down?" she protests. "I gave up? Do you have any idea how hard this has been for me? I have bruises all over my body from the two-hour massages that I need to deal with the stress of your addiction."

I have loved this series from the beginning, but this final season is b.r.i.l.l.i.a.n.t. Creator Lena Dunham, her writers, cast and crew are killing it in every direction, pushing each moment to its limit.

The criticism that's been levelled repeatedly at this show is that the characters are self-involved — as if Dunham's unaware of that; as if she's not deliberately parsing that behaviour. With this episode, she's throwing down: You think they're narcissists? I'll show you narcissism.

Just watch what Williams does with her body as Desi pours that water. Marnie simultaneously writhes with impatience yet believes that she's being supremely controlled and mature. She's feigning open-mindedness but is clearly just waiting for noises to stop coming out of Desi's mouth so it can be her turn to speak. He's every bit as magnificently monstrous. It's narcissism as pure comedic gold.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

TV AND FILM

Jenkins switches to TV for next project

Moonlight director Barry Jenkins will follow up his Oscar-winning film with a drama series for Amazon based on Colson Whitehead's The Underground Railroad.

Amazon announced Monday that it will develop the TV series, with Jenkins writing and directing the adaptation of the 2016 National Book Award winner. Whitehead's The Underground Railroad is a part-historic, part-surrealistic novel about a slave who escapes on an actual railroad.

"Going back to The Intuitionist, Colson's writing has always defied convention, and The Underground Railroad is no different," said Jenkins in a statement. "It's a groundbreaking work that pays respect to our nation's history while using the form to explore it in a thoughtful and original way."

Jenkins has already been at work on the series, though how many episodes are planned was not announced. He is to write and direct.

Moonlight, which last month won best picture, was Jenkins' second film following 2008's well-regarded but little-seen Medicine for Melancholy. Made for just $1.5 million, Moonlight has grossed more than $56 million worldwide. It also won Academy Awards for Jenkins' screenplay, based on Tarell Alvin McCraney's play, and for Mahershala Ali's supporting performance.

The Underground Railroad will reunite much of the team behind Moonlight. Like that film, it will be produced by Adele Romanski and Brad Pitt's Plan B.

THE ASSOCIATED PRESS

Barry Jenkins' next project? The Underground Railroad. ASSOCIATED PRESS

STAR METRO SPONSORED CONTENT — RBC

A springboard into the work world for young adults

Career Launch program now template for other companies to develop strong internship programs for people under 24

RBC's Career Launch program helps new grads under 24 (such as Karolina Kopylec, centre) quickly build their resume via yearlong, paid internships. CONTRIBUTED

At 23, Karolina Kopylec was struggling to find her feet in the work world. A recent criminology grad from the University of Ottawa, she was working two jobs — one in sales at a gym and the other as a server at night.

"I wasn't sure I wanted to pursue a career in criminology," she says, admitting she chose her major at 16, largely because "at the time I was watching CSI."

Yet, she had no credentials or work experience in other fields. "I felt a little stuck," she says. "Everyone wants three to five years' experience, but how do you get that if you don't have the background?"

That's when Kopylec stumbled on RBC's Career Launch program for college and university grads struggling to make the transition from school to practical, hands-on experience.

"The world of work has changed," says Madeleine Barker, director, development programs at RBC. "Things are moving faster and employers expect new employees to get up and running quickly." And yet, she says, skills learned through post-secondary education often don't easily translate without additional support or mentoring in the work world.

RBC's Career Launch attempts to remedy that through a yearlong paid internship for 100, under 24-year-old, post-secondary grads from across Canada. The bank gets about 1,500 applicants yearly from backgrounds as diverse as accounting and kinesiology. It whittles the numbers down via a lottery.

For Kopylec, who now has a permanent position at RBC, the internship was life changing. "I'm a completely different person from when I started," she says. "I gained confidence and got pushed beyond my comfort zone. But I felt supported in that."

Career Launch is part of RBC Future Launch, Canada's largest corporate commitment to helping prepare young people for the future of work. RBC Future Launch will invite new ways of thinking, working with a wide range of partners and experts to provide equitable access to opportunities and solutions in the world of work for today and into the future.

"But we don't have all answers and we can't do this alone," says Barker.

Hence RBC's most recent initiative: the Launching Careers Playbook. "Heading into our fourth year of the program, we've learned a lot," says Barker. "We want to inspire and enable other employers — from large organizations to small businesses — to offer internships of their own."

Launching Careers Playbook incorporates "everything we've learned through Career Launch" in an online toolbox aimed at helping employers provide a great early-career experience for young adults. Employers can access info on managing and designing successful internship programs, as well as coaching and mentoring young adults.

That's important, says Barker, because ultimately, everyone benefits when young adults are able to unlock their potential.

To learn more, visit rbc.com/futurelaunch.

Nelly Furtado is as mischievous as ever

Victoria-born Nelly Furtado has a new album, The Ride, coming out at the end of March. CARLOS OSORIO/TORONTO STAR

MUSIC

Restless artist's latest album offers another left turn

Ben Raynor
scene@metronews.ca

Nelly Furtado has an admirable track record of doing whatever Nelly Furtado isn't supposed to be doing at any given moment.

She followed up a multi-platinum 2003 debut album, Whoa, Nelly!, with an earnestly multicultural big-budget folk-pop followup, Folklore, that contained nothing remotely resembling I'm Like a Bird. Then she released Loose, a sexy, au courant Timbaland-produced club record that had some fans worrying about a "sellout," but which would move 12 million copies worldwide on the back of monster singles like Maneater and Promiscuous.

The logical thing for a Portuguese-Canadian gal from Toronto (via Victoria) to do next? A Spanish-language album entitled Mi Plan, of course.

Now, after a five-year hiatus following 2012's The Spirit Indestructible, during which she sought escape from the music industry in pottery, playwriting classes and other art projects, the 38-year-old has teamed up with unlikely producer John Congleton — whose exhaustive resumé includes records by such indie-rock stalwarts as Spoon, the War on Drugs and St. Vincent — for The Ride, out on Friday.

A quirky, groove-oriented lark full of squelched-out basslines, rhythmic and melodic left turns, and even a hint of Krautrock here and there, The Ride is probably not the album you expected Nelly Furtado to make in 2017. But then again, she hasn't really given us much of a pattern upon which to base expectations.

> **I sing the lowest note I've ever recorded on Dreams and the highest note I've ever recorded on a song called Live.**
> Nelly Furtado

"I think I'm mischievous," says Furtado, hanging out at the Palmerston Ave. location of rare-vinyl mecca Cosmos Records, where she sought added inspiration between albums by working shifts behind the counter. "I have a healthy sense of mischief, so I think doing the unexpected satisfies the Puck in me. It's like: 'A-ha! Let's cause some trouble!'

"When people find out who produced (The Ride), it's like: 'Oh, that's interesting? What were they doing in the studio together?' And I love that. I love making people think. I don't like to do the same thing twice . . . I'm always seeking to learn. So I always wondered quietly: 'What would it be like if I teamed up with an alternative producer?' Like, a real, traditional, alternative producer."

Furtado was introduced to Congleton via Annie "St. Vincent" Clark, whom she befriended a few years ago when playing a festival in Japan.

After hearing Congleton's work on 2014's acclaimed St. Vincent, Furtado slyly prevailed upon Clark to pass along his number and rang him up in Texas. And, although she will concede "I think he was suspicious" at first, the two hit it off immediately and decided what the hell, knowing full well they were both taking a bit of a gamble on the project.

"We both had a lot to lose and a lot to gain, you know what I mean?" says Furtado. "We were both taking a risk by working with each other. But when both parties have some skin in the game, you both really want to make it work. You're there for a reason.

"And the reason just emerges. For him, he was hell-bent on me just showing my artistic side. But I had to prove myself to him as an artist first. But I think that's my whole thing: I like to show people what I can do."

Congleton was merciless, but in a good way. Furtado played him everything she'd demoed and "he didn't like any of it."

Eventually, the two realized they shared an enthusiasm for improvisation and the creative floodgates opened, with Congleton throwing random beats around and Furtado unearthing some older songs and finding new life in them.

"All I wanted was a singular-sounding album and I think John provided that," she says.

"As a singer, actually, he also pushed me. I sing the lowest note I've ever recorded on Dreams and the highest note I've ever recorded on a song called Live. Octaves between them. On Live, I was like: 'Really, John, are you sure want the chorus in the higher octave? It's really high. I sound like a whiny wild animal.' And he said: 'Nope, I like it. Because it has urgency. It has urgency and you sound like what you're singing.'

"And I was, like, 'Oh, yeah. You're right.' Really, only a really experienced and talented producer is able to pinpoint something like that."

This year's Vancouver International Auto Show will be packed with interactive experiences. CONTRIBUTED

Drive into the auto industry future

TECHNOLOGY

Electric cars, virtual reality test drives to blow you away

Stephanie Orford

Visitors will get a chance to drive in virtual reality, test-drive the latest electric vehicles and take in plenty of eye candy at this week's Vancouver International Auto Show.

This year's show is set to knock your socks off, according to Jason Heard, executive director of the show, which is presented by the New Car Dealers Association of BC.

Now in its 97th year, the show has changed dramatically, especially over the last three years, Heard says.

"That's the thing that I love about this show in particular. When you come ... what's in the spaces is usually very, very different ... than what was there the year before," says Heard.

This year, the show is packed with interactive experiences. Many manufacturers are using virtual reality to give their visitors the full driving experience.

SHOW DETAILS

Vancouver International Auto Show rolls into town
When: Tuesday, March 28 to Sunday, April 2, 2017
Where: The Vancouver Convention Centre (West)
Tickets: General admission starts at $16, with discounts for children, seniors and families

The six-day show is for "anyone who loves vehicles, especially the kids and families," says Heard. There'll be more than 300,000 square feet of exhibit space to explore outdoors in Jack Poole Plaza and the Pacific Terrace, and inside over two floors of the western building of the Vancouver Convention Centre.

The show's audience has grown more than 20 per cent over the last two years, Heard adds. He's expecting about 101,000 visitors in total this year.

On the lower level indoors, visitors can experience impressive displays from the major car manufacturers, including the Electric Vehicle Experience Test Drive.

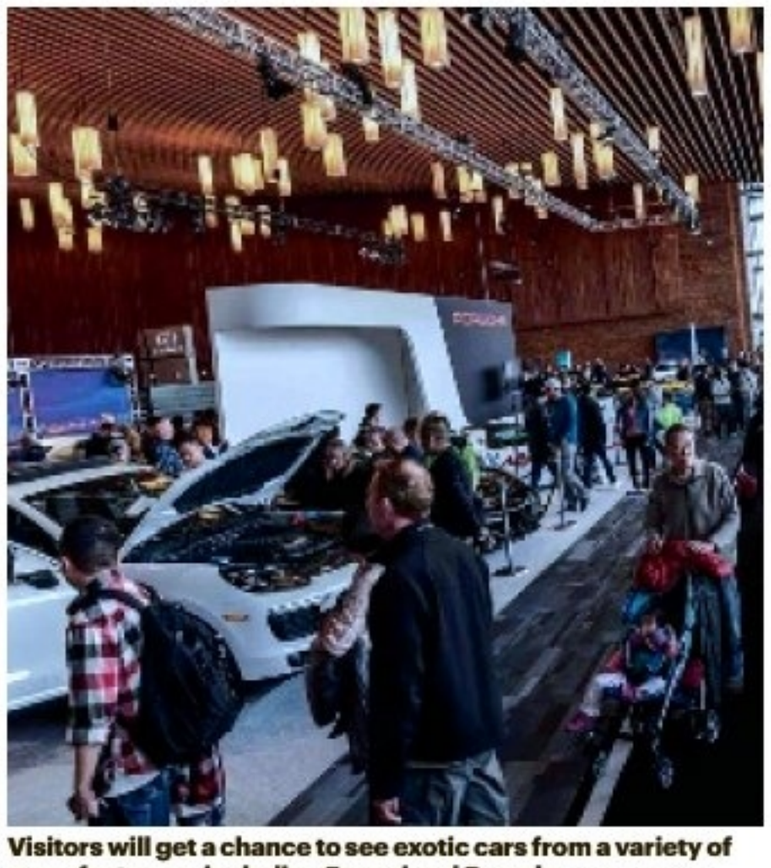
> **"You're going to see things you've never seen before."**
> Jason Heard

While you're at the show, make sure you enter the multiple car draws, including the giveaway for a new Chevrolet Bolt EV, which is "considered the game-changer in electrification at this stage," and will get you 383 km on a full charge. "What they've done to create a better driving experience for this vehicle is unbelievable," he says.

A new 30th Anniversary Nissan Pathfinder Platinum Midnight Edition SUV will also be given away at the show.

"If you went last year and had a great time, you're gonna go again this year and have a great time. You're going to see things you've never seen before," says Heard.

Visit vancouverinternationalautoshow.com for more details.



Visitors will get a chance to see exotic cars from a variety of manufacturers, including Ferrari and Porsche. CONTRIBUTED

Show-stopping exotic cars

You'll get nonstop action at this year's crop of booths, test-drives and manufacturer walls at the 2017 Vancouver International Auto Show.

Visitors will get the chance to take in "tons of wild custom tuners, classic cars, and commercial vendors," says Jason Heard, executive director of the show.

The concept cars are always show-stopping. On the upper level inside the Vancouver Convention Centre, visitors will get an up-close chance to see cars from the exotic car manufacturers, including Lamborghini, Ferrari, Rolls Royce, McLaren and Porsche.

The Ford GT

"Some of the eye candy is going to steal the show," says Heard.

The Vancouver Auto Show will mark the first appearance of the hotly anticipated, 600-horsepower Ford GT in B.C.

The 1937 Cord

Now owned by a Canadian collector, this car achieved 18 automotive firsts in its day, including a hidden antennae, a unibody design, hidden headlights, a concealed gas cap and more.

It once belonged to a Kentucky governor who was notorious for his fights against the KKK. He had this car lead-plated to be bulletproof, but was assassinated before he had a chance to ride in it.

"It's just a gorgeous car," says Heard. "It looks like it's straight out of a gangster movie."

Real-life Hot Wheels cars

Remember the tiny Hot Wheels toy cars you might have played with as a child? These versions are real. They're custom-built by a stunt-car maker to imitate the long-beloved Hot Wheels toys.

The Hot Wheels Bone Shaker has an aluminum skull for the grill and flames up the side, concealing a 402-horsepower, short-block Chevrolet engine.

"It's a total rat-rod. It's wicked," says Heard.

The Cedar Rocket

Built by Pioneer Log Homes of British Columbia, known for their HGTV show Timber Kings, this car holds the Guinness World Record for fastest log. It's made from a hollowed out Western Red Cedar log, powered by gel batteries and turbines, and can travel at more than 70 km/hr.

The Monster Energy DUB Show Tour

DJs will be spinning in two locations: one indoors in one of the ballrooms, and the other outdoors on the Pacific Terrace. Reps will be passing out Monster Energy Drink and visitors will have lots of chances to party and win swag.

The Drive-Up in Jack Poole Plaza

About 25 privately owned cars will be parked there every day, with different themes every day, including ultra-exotics, lifted and leveled (big jeeps and trucks), a Subaru drive-up and more.

"There are too many things you just can't miss," says Heard.

STEPHANIE ORFORD

THIS SPECIAL REPORT WAS CREATED BY CONTENT SOLUTIONS, INDEPENDENT OF METRO EDITORIAL.

MAZDA'S SHIFT INTO SPRING EVENT

2017 MAZDA3 GX

WEEKLY FINANCE

OFFER FROM $49† at 1.99% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $16,720.

Now Includes **$500** Shift Into Spring Bonus‡2

GT model shown

0% PURCHASE FINANCING▼ AND YOUR CHOICE OF

NO-CHARGE IN-DASH NAVIGATION‡ OR A GENUINE MAZDA ACCESSORY CREDIT♦

ON SELECT NEW MAZDA MODELS

GT model shown

2017 CX-3 GX

WEEKLY FINANCE

OFFER FROM $68† at 2.99% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $23,215.

Now Includes **$500** Shift Into Spring Bonus‡2

GT model shown

2016.5 CX-5 GX

WEEKLY FINANCE

OFFER FROM $71† at 1.99% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $25,790.

GT model shown

2017 CX-9 GS

WEEKLY FINANCE

OFFER FROM $117† at 3.56% APR with $0 DOWN

for 84 months. Taxes extra. On finance price from $37,620.

MAZDA

CANADA'S ONLY UNLIMITED **UNLIMITED*** MILEAGE WARRANTY

STANDARD ON ALL NEW MODELS.

zoom-zoom

DRIVING MATTERS

VISIT THE MAZDA DISPLAY AT THE VANCOUVER INTERNATIONAL AUTOSHOW MARCH 28 – APRIL 2

Northshore Auto Mall

morrey Auto group

www.morreymazda.com

mazda

morrey mazda NORTHSHORE AUTO MALL 604.984.9211

▼0% APR Purchase Financing is available on select new 2016, 2016.5 and 2017 Mazda models. Terms vary by model. Based on a representative agreement using an offered pricing of $17,595 for the new 2017 Mazda3 GX (D4XK67AA00), with a financed amount of $18,000 the cost of borrowing for a 36-month term is $0, monthly payment is $500, total finance obligation is $18,000. Offer includes freight and P.D.E. of $1,695 and $100 air conditioning charge (where applicable). Offer excludes PST/GST/HST. ‡Complimentary Navigation offer (value up to $425) is available to qualifying retail customers who cash purchase/finance/lease a select new, in-stock 2016, 2016.5 and 2017 Mazda model from an authorized Mazda dealer in Canada between March 1 - 31, 2017. **Note:** In the event the selected model is pre-equipped with navigation, or selected model is not equipped for navigation, customer may substitute for a cash discount of $425. Cash discount substitute applied before taxes. If Navigation is not available at time of purchase, customer can substitute for a Genuine Mazda Accessory ($425) or Navigation would be provided at a future date. **Note:** Navigation offer not available on 2016/2017 Mazda5 models - cash discount substitute of $425 can be applied. Cash discount substitute applied before taxes. Some conditions apply. Limited quantities apply. See dealer for complete details. ♦Genuine Mazda Accessory Credit Offer is available to qualifying retail customers who cash purchase/finance/lease a select new, in-stock 2016, 2016.5 and 2017 Mazda model from an authorized Mazda dealer in Canada between March 1 - 31, 2017. 2017. Genuine Mazda Accessory Credit Offer value of $425. Customer can substitute for a $425 cash discount. Cash discount substitute applied before taxes. Genuine Mazda Accessory Offer will be deducted from the negotiated accessory item price before taxes. Some conditions apply. See dealer for complete details. ‡2Shift Into Spring Bonus Offer is available to qualifying retail customers who cash purchase/finance/lease a select new, in-stock 2016 or 2017 Mazda3/Mazda3 Sport or CX-3 model from an authorized Mazda dealer in Canada between March 15 - 31, 2017. Amounts by model: $500 off all 2016 and 2017 Mazda3/Mazda3 Sport and all 2016 and 2017 CX-3 models. Shift Into Spring Bonus Offer will be deducted from the negotiated price before taxes. See dealer for complete details. †Based on a representative example using a finance price of $37,620/$23,215/$25,790/$16,720 for the 2017 CX-9 GS (QV5MB7AA00)/2017 CX-3 GX (HVXKB7AA00)/2016.5 CX-5 GX (NVXK66AA50)/2017 Mazda3 GX (D4XK67AA00) at a rate of 3.56%/2.99%/1.99%/1.99% APR, the cost of borrowing for an 84-month term is $4,937/$2,543/$1,859/$1,205 weekly payment is $117/$68/$71/$49, total finance obligation is $42,557/$25,758/$27,649/$17,925. Taxes are extra and required at the time of purchase. All prices include block heater, $25 new tire charge, $100 a/c charge where applicable, freight & PDI of $1,695/$1,895 for Mazda3/CX-3, CX-5, CX-9. As shown, price for 2017 Mazda3 GT (D4TL67AA00)/2017 CX-3 GT (HXTKB7AA00)/2016.5 CX-5 GT (NXTL86AA50)/2017 CX-9 GT (QXTM87AA00) is $26,120/$31,315/$37,215/$47,820. PPSA, licence, insurance, taxes, down payment (or equivalent trade-in) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Lease and Finance on approved credit for qualified customers only. Unless otherwise stated herein, offers valid March 15 - 31, 2017, while supplies last. Prices and rates subject to change without notice. Visit mazda.ca or see your dealer for complete details. *To learn more about the Mazda Unlimited Warranty, go to mazdaunlimited.ca.

For 2017 Elantra, Hyundai's engineers created a new structure composed of its advanced high strength steel, which has led to a new level of ride comfort. CONTRIBUTED

The Lexus ES is tagged as one of the best for families with teenage children. CONTRIBUTED

Family cars that make the grade

FAMILY-FRIENDLY

We've come a long way in the last few decades

Ross Fattori

In the 1980s and '90s, minivans were considered the go-to family car: they were spacious, economical, reliable and safe. The family car has come a long way in two decades.

Today, its definition depends on the age and number of children that you will be moving around and can include compact sedans, crossovers, SUVs and minivans.

Here are five worth checking out:

Subaru Impreza Hatchback: This entry-level compact is perfect for young families with active lifestyles. It comes with the Subaru symmetrical full-time AWD system, which provides great traction in winter conditions. The 2017 model is available as a four-door sedan or a five-door hatch/wagon, and it boasts a 40-per-cent better crash absorption than previous models. There is also plenty of cargo space to accommodate the kids' stuff.

Lexus ES: Consumer Reports has tagged this midsize luxury sedan as one of the best for families with teenage children. With the ES, there is ample space in the back seats for growing children, and legroom is not an issue. The Insurance Institute for Highway Safety has given the ES the highest Top Safety Pick+ distinction with top ratings across the board in its moderate-overlap front-impact, side-impact and roof strength tests.

Toyota Avalon: This family car is equipped with full-size features and stylish looks. The 2017 model boasts a spacious interior and a host of high-tech gadgets, such as Toyota's advanced display audio system with a 6.95" touchscreen, Bluetooth® and audio streaming capability. Children will appreciate the backseat centre console with AC/heater vents, a household-type power outlet for power-hungry electronics and the well-padded seats.

Hyundai Elantra: This sixth-generation Elantra is a compact sedan that delivers a class-above experience at a reasonable price. For 2017 Elantra, Hyundai's engineers created a new structure composed of its advanced high strength steel, which has led to a new level of ride comfort with smooth, precise handling, improved interior quietness and enhanced safety.

Chrysler Pacifica Hybrid: As Canada's first-ever and only hybrid minivan, the 2017 Chrysler Pacifica Hybrid offers family-friendly functionality and money-saving fuel efficiency. It gets up to 53 km full electric range and up to 911 total driving range, with seating for up to seven, available hands-free sliding doors and liftgate, ample cargo space and more.

THE HYPE

Is a switch to electric vehicles inevitable?

If media hype and political pressure equated to actual sales, electric vehicles would already have taken over the car market. But they haven't.

While EVs are disproportionately represented in concept car unveilings and mass media coverage at most major auto shows, they're but a blip on the radar of the sales charts.

The rate of EV sales is increasing. It was up 60 per cent in Canada in the first three quarters of 2016. But even if that rate of growth continues, it will take another five years to reach even 5 per cent of the market.

It's not that there's a dearth of EVs and PHEVs available. There are 19 individual models for sale now in Canada.

> **...they're but a blip on the radar of the sales charts.**

It's just that customers haven't yet drunk the electric kool-aid. Clearly, they're not convinced that EVs, even plug-in hybrids, can satisfy their individual driving needs as well as more conventionally powered vehicles.

In spite of both the carrot and stick pressures driving further adoption of EVs, particularly BEVs, there's no indication that buyers' views are likely to change.

According to a forecast by the automotive research and development firm FEV, battery electric vehicles will make up just 6 per cent of sales in North America by 2025.

That forecast is particularly credible because the company is a recognized leader in the design and development of all forms of vehicle powertrains, conventional and alternative included.

If those forecasts are to be believed, what's the problem? Cost, driving range and recharge time.

Government incentives, where they're available, address much of the cost issue. And significant progress is being made in terms of driving range.

The new Chevrolet Bolt exemplifies the level of progress achieved in both those areas. It's priced at $42,795, plus a $1,600 destination charge — before incentives are applied. And it offers a driving range of up to 383 km in ideal conditions.

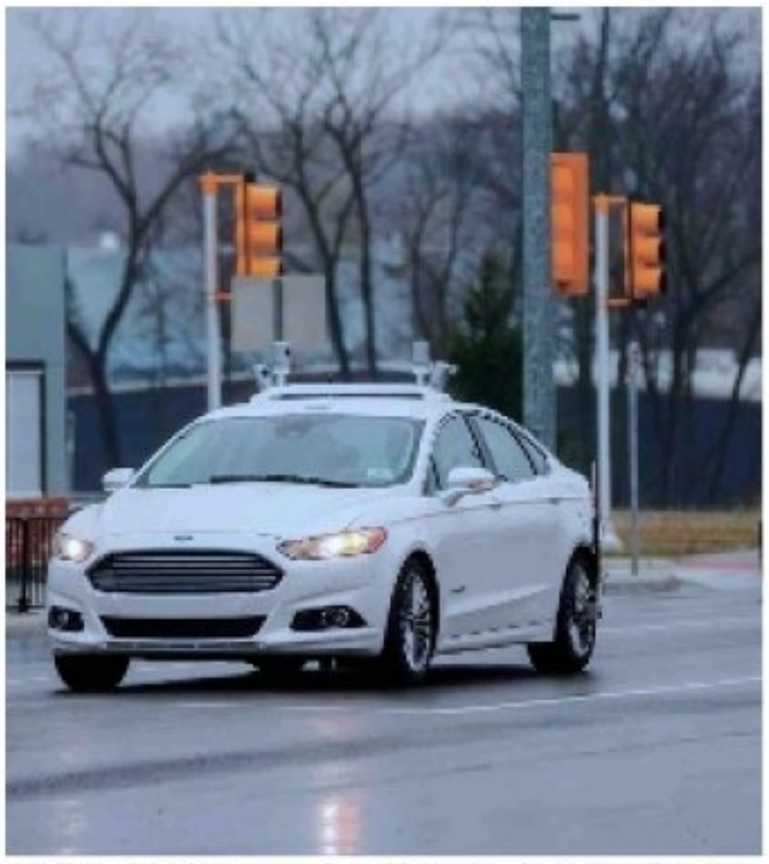
Close, if not equal to what buyers have come to expect from conventional cars. But it takes up to 9.5 hours to fully charge. Not quite a match for a five-minute fill-up at a gas station. Those observations are not a knock against the Bolt; it's arguably the best example of its type currently available. They're simply an affirmation of why many potential buyers may not yet be ready to buy BEVs.

So what is the better alternative, in terms of both the environmental interests that social and political pressures espouse and real customer needs? Arguably it is electrification, but at a more limited level.

In other words, it's hybrids. Their range and refuel/recharge time advantages more than offset customer concerns over those issues and they come closer to conventional vehicles in cost as well.

In addition, major efficiency gains continue to be made on the engine side of the hybrid equation, resulting in unprecedented levels of efficiency. And there is plenty of room for further improvements to come.

GERRY MALLOY



Ford has electric cars, such as this Fusion, but EVs still aren't capturing the imagination of consumers. TORSTAR NEWS SERVICE

MORREY NISSAN.COM

NISSAN
Innovation that excites

NISSAN MY CHOICE SALES EVENT

AUTO SHOW SALE

CHOOSE FROM:

UP TO $4,000 PARTS AND ACCESSORIES CREDIT* OR UP TO $3,500 MY CHOICE BONUS CASH*

PLUS GET UP TO AN ADDITIONAL $1,000* 5 DAY BONUS CASH

OFFER APPLICABLE ON MOST MODELS. THE AMOUNTS SHOWN ARE AVAILABLE ON 2017 TITAN MODELS

RIGHT VEHICLES • RIGHT PRICE • RIGHT TIME

SR model shown*

2017 SENTRA®

LEASE* FROM $201 MONTHLY WITH $995 DOWN
THAT'S LIKE PAYING ONLY

$46 WEEKLY ON 2017 SENTRA SV CVT STYLE PACKAGE AT 0.99% APR FOR 39 MONTHS

PAYMENT INCLUDES $1,750 TOTAL BONUS CASH

INCLUDES
- MOONROOF
- ALUMINUM-ALLOY WHEELS
- XTRONIC® TRANSMISSION
- HEATED FRONT SEATS

2017 ROGUE®

LEASE* FROM $241 MONTHLY WITH $1,495 DOWN
THAT'S LIKE PAYING ONLY

$56 WEEKLY ON 2017 ROGUE S FWD AT 0.99% APR FOR 39 MONTHS

PAYMENT INCLUDES $2,000 TOTAL BONUS CASH

STANDARD FEATURES
- HEATED FRONT SEATS
- REARVIEW MONITOR
- LED DAYTIME RUNNING LIGHTS AND TAIL LIGHTS
- XTRONIC® TRANSMISSION

SL model shown*

Platinum model shown*

2017 PATHFINDER®

LEASE* FROM $368 MONTHLY WITH $1,495 DOWN
THAT'S LIKE PAYING ONLY

$85 WEEKLY ON 2017 PATHFINDER S 4X2 AT 1.99% APR FOR 39 MONTHS

PAYMENT INCLUDES $2,250 MY CHOICE BONUS CASH

INCLUDES
- 6,000 LBS MAXIMUM TOWING
- REARVIEW MONITOR
- LED DAYTIME RUNNING LIGHTS AND TAILIGHTS
- 7-PASSENGER CAPACITY

THE ALL-NEW 2017 TITAN®

GET UP TO $11,000 CASH CREDIT* ON 2017 TITAN CREW CAB PLATINUM RESERVE

OFFER INCLUDES $4,500 TOTAL BONUS CASH

OR

LEASE* FROM $342 MONTHLY WITH $1,295 DOWN
THAT'S LIKE PAYING ONLY

$79 WEEKLY ON 2017 TITAN CREW CAB S AT 3.79% APR FOR 24 MONTHS

CANADA'S BEST TRUCK WARRANTY 5 YEARS/160,000 KM BUMPER TO BUMPER

PRO-4X model shown*

OFFER ENDS MARCH 31ST

morrey NISSAN of BURNABY

Call 604-291-7261
4450 Still Creek Drive • Burnaby
MORREYNISSAN.COM

From connected to interconnected

CARS OF THE FUTURE

Privacy could delay the inevitable – when cars 'talk' to each other

Gerry Malloy

As a society, we've come to expect being connected 24/7 — even in our cars. But connectivity in cars can mean different things in different contexts.

In the near future, those meanings are likely to include cars that can effectively "talk" to each other.

At the most basic level of connectivity, a vehicle can be connected to the world of infotainment via Bluetooth cell phone connections or GPS navigation systems or satellite radio.

Almost all new models already offer these connections, up to and including active navigation with traffic advisories, on-board wi-fi hotspots, and Android Auto and Apple CarPlay – making your vehicle an extension of your smartphone.

Beyond just infotainment, however, connectivity also plays a role in the advanced driver assistance systems (ADAS).

These systems may include everything from proximity monitors, cross-traffic alerts and blind-spot warning systems to adaptive cruise control, lane-keeping and automatic collision-avoidance braking systems – the latter of which will become standard equipment on all models by 2022 if not before.

More and more, connectivity is playing a role in advanced driver assistance systems. TORSTAR NEWS SERVICE

They also encompass park assist or automatic self-parking systems as well as obstacle-avoidance steering assistance systems, just now coming to market.

These ADAS features can identify a broad range of vehicles, people and other objects around them but it's a one-way connection; they don't really communicate back and forth with them. That's the next step.

A couple years ago, the U.S. Department of Transportation's National Highway Traffic Safety Administration announced plans to make vehicle-to-vehicle (V2V) communication technologies mandatory equipment.

Now it has followed through on that plan. In December 2016, the agency issued a Notice of Proposed Rulemaking that would implement rules requiring mandatory adoption of V2V technology on all cars, SUVs and light trucks within five years.

The case for proceeding with the proposal is strong. By "talking" to each other and sharing data such as speed and position at rates of up to 10 times per second, vehicles will be able to go well beyond what today's self-contained systems can accomplish in terms of determining and helping avoid potentially dangerous situations.

"Once deployed, V2V will provide 360-degree situational awareness on the road," said outgoing U.S. Transportation Secretary Anthony Foxx. "We are carrying the ball as far as we can to realize the potential of transportation technology to save lives. This long promised V2V rule is the next step in that progression."

What that "360-degree situational awareness" means is that cars will be able to electronically "see" each other around corners, for example.

The intent is that this information will in some way be communicated to the drivers involved so they can take corrective action to avoid a collision. But that's as far as it goes.

As proposed, V2V connectivity is different and separate from ADAS and autonomous driving technologies in that it only provides information. It does not in any way exercise any control over the vehicle.

It's not a stretch to see how information could be used by such systems to automatically take whatever action is necessary to prevent a collision.

ALERT!

According to NHTSA, the technology will be able to alert drivers of the potential for risks such as:

- Traffic ahead slowing or stopping.
- Collision ahead.
- Collision at an intersection.
- Collision when making a left turn.
- A vehicle in a driver's "blind spot."
- Oncoming traffic, such as when attempting to pass another vehicle.

The top new auto technologies for 2017

While electric cars and autonomous driving features seem to get all the publicity these days, there's a lot more going on in automakers' engineering labs to make cars better and safer. Here are a few of those features definitely worth considering when shopping for a new car, truck or SUV.

The best new technology you've never heard about

Chances are you've never heard of Mazda's G-Vectoring Control (GVC). Even if you've driven a car so equipped, you probably wouldn't have noticed its presence for there's no "off-mode" to provide a comparison. But you almost certainly would have appreciated its contribution, whether consciously or not.

This technology employs computer software to smooth out steering transitions by reducing engine output, infinitesimally, during the first milliseconds of steering input, thus shifting more weight onto the front tires.

Moose avoidance and run-off-the-road mitigation

Volvo Pilot Assist II, with Large Animal Detection and Run-off Road Mitigation, available in the new Volvo S90 sedan, was chosen as AJAC'S Best New Safety Technology for 2017.

"Pilot Assist II is actually three systems (in one) using camera and radar technology to help keep drivers and passengers safe," says Jim Kerr, chair of the Automobile Journalist Association of Canada's (AJAC) Technology Panel. Like some other Advanced Driver Assist Systems (ADAS), the Pilot Assist feature can control acceleration, braking and steering to help keep the S90 in its lane at speeds up to 130 km/h. Where it differs is in its other features.

"Run-off Road mitigation keeps the vehicle on the road by applying braking and steering forces if an impending road departure is sensed," says Kerr. "Large animal detection senses the density of larger animals within about a 200-metre range, to determine if they pose a danger, and warns the driver and automatically brakes the vehicle to mitigate a collision if the driver takes no action."

Back up that trailer like a pro

If you've ever tried to back up a vehicle with a trailer attached, chances are it was a significant challenge. The concept of turning the steering wheel left to turn the trailer right, and vice versa, can seem counterintuitive.

It's one of those skills that improves with practice, but Ford's Pro Trailer Backup Assist system takes most of the hassle out of the process, even for novices.

Activating a dial on the instrument panel transfers steering control to that little knob. Turn it in the direction you want the trailer to go and it turns the steering wheel in the right direction for you. Just reverse slowly and watch the mirrors to be sure you're following the path you want. Instant expertise!

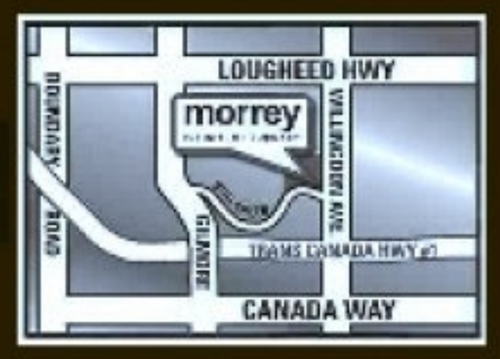
The Ford Pro Trailer Backup Assist system was runner-up for AJAC's Best New Innovation Technology award.

GERRY MALLOY

The 2017 Volvo S90 T6 boasts the new Volvo Pilot Assist II technology, with Large Animal Detection and Run-off Road Mitigation. CONTRIBUTED

morrey INFINITI of BURNABY

morreyinfiniti.com • Call 604-678-1000 • 4456 Still Creek Drive • Burnaby



THE POWER OF INFINITI

2017 QX50

$458 FOR 48 AT 1.99%
MONTHLY MONTHS LEASE APR
$2,500 DOWN PAYMENT

2017 QX60

$578 FOR 48 AT 1.99%
MONTHLY MONTHS LEASE APR
$4,175 DOWN PAYMENT

2017 QX80

$939 FOR 48 AT 3.75%
MONTHLY MONTHS LEASE APR
$4,200 DOWN PAYMENT

ASK ABOUT CASH INCENTIVES UP TO $5,000

INFINITI.

EMPOWER THE DRIVE™

infiniti.ca

metro SPORTS

"We're still enjoying it every day": Scott Moir who, along with Tessa Virtue, will look to win a third world ice dance title this week in Helsinki

Hockey's next frontier

NHL

NBA serves as a model in expanding a sport in China

When Andong Song started playing hockey in China at age 6, he wore figure skates on his feet and had to use the straight parts of short-track speedskating rinks for practice.

His father brought back equipment from his travels one piece at a time, and his family moved to Canada a few years later so he could pursue a career in the sport. Song, the first Chinese player selected in the NHL draft, envisions a day when that sort of cross-global exodus is no longer necessary for kids growing up in China.

That could be coming soon with the NHL looking at China as hockey's next great frontier. With the 2022 Winter Olympics in Beijing, China is eager to step up its game and the league is intrigued by the potential of a new non-traditional market with 1.4 billion people that might take to hockey like it did basketball.

"It's a place that hasn't had that much of an opportunity to be introduced to what everybody acknowledges is a great game," commissioner Gary Bettman said. "Because of the size of the market and the fact that lots of sports haven't been developed there, it's a good opportunity to expand the sport even further."

This week, Bettman is expected to announce NHL pre-season games in China between the Los Angeles Kings and Vancouver Canucks, along with grassroots programs to build a hockey foundation where the NBA has laid one for decades. It's the first big step toward the NHL making inroads in China, whether or not players participate in the 2018 Olympics in neighbouring South Korea.

NHL Players' Association executive director Don Fehr said showcasing the NHL, running clinics and getting more broadcast coverage all figure into the long-term strategy. Even though Russia's expansive Kontinental Hockey League now has a team based in Beijing, NHL exhibition games — and potentially regular-season games as early as fall 2018 — will have a bigger impact.

"Even with the KHL there, they know it's not the best league," said Song, a Beijing native and sixth-round pick of the New York Islanders in 2015 who now plays for the Madison Capitols of the United States Hockey League. "They know it's not the NHL."

According to the International Ice Hockey Federation, China only has 1,101 registered players and 154 indoor rinks. Despite having a quarter of China's population, the U.S. has 543,239 players and 1,800 indoor rinks.

By October, 14 different NBA teams will have played 24 pre-season games in greater China since 2004, so the NHL has some catching up to do. The Boston Bruins sent an envoy on a Chinese tour last summer that included players Matt Beleskey and David Pastrnak, and Washington Capitals owner Ted Leonsis recently said his team could be next after hosting youth players from China in January.

"There will be about 200 new rinks being built in China and we would expect China being a very, very formidable force in the Olympics," said Leonsis, who called China the next great hockey market. "And also we'll see that China will be producing players and I would expect that we'll have NHL players that were born and trained, just like we've seen in the NBA, and China will be able to bring players here."

The NBA gained popularity in China in part due to Yao Ming, the first pick in the 2002 draft. The NHL is going into China hoping to develop homegrown stars. Chinese broadcaster and producer Longmou Li, who has worked the Stanley Cup Final and helped families move to North America for hockey, said 500 to 600 new families are joining the Beijing Hockey Association each year, which could mean churning out an NHL first-round pick every five to six years.

THE ASSOCIATED PRESS

Players vie for the puck beneath a Chinese flag during a youth hockey tournament in Beijing in February. MARK SCHIEFELBEIN/THE ASSOCIATED PRESS

> **Because hockey is just so passionate a game, is so fast a game, it's so easy to get people to get involved.**
> Chinese broadcaster and producer Longmou Li

Canadian clubs make great gains in 2016-17

The embarrassment of an empty Canadian spring in the NHL has been wiped away.

Canadian teams have made huge strides from last season, when all seven squads missed out on the playoffs for the first time since 1970. In fact, five of the seven biggest leaps in points from last season to this season are projected to come from Canadian clubs, with the second-biggest coming out of Edmonton.

Projected point gains from last season (entering Monday's action):

1. Columbus Blue Jackets - 38
2. Edmonton Oilers - 29
3. Toronto Maple Leafs - 25
4. Montreal Canadiens - 20
5. Calgary Flames - 19
6. Minnesota Wild - 17
7. Ottawa Senators - 15

T-10. Winnipeg Jets - 3

T-17. Vancouver Canucks - minus-1

Which teams are due for the biggest dips from last season?

30. Colorado - minus-34
29. Dallas - minus-29
28. Florida - minus-18
27. Los Angeles - minus-17
26. Detroit - minus-13

THE CANADIAN PRESS

74

The Canucks are projected to finish with 74 points, one less than in 2015-16.

Join our Metro Reader Panel and you could win $500!*

metro Learn more at metronews.ca/panel

*No purchase necessary. Entry period is Monday, February 6, until Friday, March 31, 2017 at 11:59 pm. Odds of winning depend on total number of p[illegible] one entry per person [illegible] available online at www.metronews.ca/panel

Kerr experience key for Caps

MLS

Goalie coach had hard career breaks, knows his trade well

Whitecaps goalkeeper coach Stewart Kerr, left, speaks with David Ousted during practice last week. DARRYL DYCK/THE CANADIAN PRESS

Stewart Kerr had no idea what to do with himself. A goalkeeper with Scottish giant Celtic for a decade, he had just been forced to retire at age 26 because of a crippling back injury that resulted in two discs being surgically removed.

"It was very difficult. I had a year or so that was pretty aimless," said Kerr. "It's a totally different way of life.

"When all of a sudden you're in the real world and you have to look after yourself, it's a pretty humbling experience."

He eventually decided he wasn't done with the sport and enrolled in courses to get his coaching licences. His passion for goalkeeping landed him a couple of jobs in Scotland, and then in Major League Soccer with Toronto FC and Orlando City SC. When the Vancouver Whitecaps needed someone to coach their goalkeepers in 2017, Kerr was an obvious choice.

"He does exactly what it says on the tin," said Whitecaps head coach Carl Robinson. "In the one or two conversations I had with him in the off-season he identified my goalkeepers' weaknesses within one hour.

"I'm not a goalkeeping expert, but it's taken me maybe three or four years to work out what they are. He knew in one hour. That attracted me to him."

Kerr's resume includes tutoring Norwich City's John Ruddy and West Ham's Darren Randolph early in their careers, along with helping to develop Stefan Frei and Joe Bendik in MLS. The 42-year-old Scotsman, who replaced Marius Rovde after he joined expansion Minnesota United, also prepared Brazil's Julio Cesar for the 2014 World Cup while both were with Toronto.

> **"I've never believed as a goalkeeping coach you can have one style."**
> Stewart Kerr

"I've never believed as a goalkeeping coach you can have one style," said Kerr, who signed on in January and has a contract through 2018. "What works for one guy doesn't work for another."

At a recent Whitecaps' practice, Kerr could be found at the lonely end of the training ground blasting shot after shot towards his Whitecaps proteges — with constant feedback and encouragement — in a driving spring rain.

"We'll have that great save, but it's about being consistent," Vancouver No. 1 'keeper David Ousted said of Kerr's philosophy. "It's about making the easy saves look easy, and making sure you make them."

The Whitecaps were stingy in 2015, allowing just 36 goals in 34 MLS matches on the way to finishing second in the Western Conference. THE CANADIAN PRESS

SOCCER

McLeod back from injury

One year on from suffering a third serious knee injury, veteran Canadian goalkeeper Erin McLeod is back.

The 34-year-old was on the bench last week for the first leg of FC Rosengard's UEFA Women's Champions League quarter-final against Barcelona. The second leg is Wednesday in Barcelona where McLeod's Swedish team will look to erase a 1-0 deficit.

Erin McLeod GETTY IMAGES

McLeod, who has been training with the first team for almost a month, has already seen action with Rosengard's under-19 and reserve squads. "I'm exactly where I'd like to be," she said. And while reclaiming her starting job remains the goal, she was happy just to be on the first-team bench — once again a part of the Rosengard whole.

"I couldn't be more grateful for another chance," she said. THE CANADIAN PRESS

ASK ABOUT OUR EVENING CLASSES!

CDI am a social service worker

11,730 JOB OPENINGS EXPECTED BETWEEN 2015 – 2025*

Choose the Social Services Worker program at CDI College for hands-on training in case file management and report writing, working with families, diversity and social justice, psychology, and more!

Apply today!

CDI college business - technology - healthcare

1.800.675.4392
SOCIALSERVICES.CDICOLLEGE.CA

Financial assistance may be available to qualified applicants. | *jobbank.gc.ca

Imagine your home, totally organized!

Custom Closets, Garage Cabinets, Home Offices, Pantries, Laundries and Hobby Rooms

40% Off Plus Free Installation

40% off any order of $1000 or more. 30% off any order $700 or more. Take an additional 15% off for the holiday season on any complete system order. Not valid with any other offer. Free installation with any complete unit order of $1000 or more. With incoming order, at time of purchase only.

Call for a free in home design consultation and estimate

1-888-293-6518
www.closetsbydesign.com

2016© All Rights Reserved. Closets by Design, Inc. Licensed and Insured

Closets byDesign MN Follow us

NISSAN
Innovation that excites

VANCOUVER INTERNATIONAL AUTOSHOW
MARCH 28TH TO APRIL 2ND 2017
VANCOUVER CONVENTION CENTRE

ENTER TO WIN THE
2017 NISSAN PATHFINDER
PLATINUM MIDNIGHT EDITION
at VancouverInternationalAutoShow.com

Celebrate Nissan Pathfinder's 30th anniversary at #VanAutoShow17

I ♥ #VanAutoShow17

metro · 明報 MING PAO DAILY NEWS · OMNI · RED 93.1FM · RBC · Continental · ICBC · autoTRADER.ca · DUB SHOW

Chris Williams racked up 1,246 yards and 10 TDs in 14 games before injuring his ACL with the Redblacks in 2016.
JUSTIN TANG/THE CANADIAN PRESS

New Lion all business

CFL

WR Williams hopes to pick up where he left off in Ottawa

Chris Williams experienced two very different firsts in his 2016 CFL season.

The veteran receiver celebrated his first championship when Ottawa captured the Grey Cup with a stunning 39-33 overtime win over the Calgary Stampeders. But Williams could only watch the Redblacks' title run after suffering a torn anterior cruciate ligament and meniscus in October, his first major football-related injury.

"I was having a pretty good year before the injury so, personally other than that, the season couldn't have gone much better," Williams said. "The knee is coming along pretty well as I'm running, jumping and cutting.

"I think (he'll be ready for training camp) but we've still got a couple of months so we'll just kind of play it by ear. But I haven't had any setbacks so I'm moving forward just trying to get myself better than ever."

Williams, 29, was on pace for a banner year when he was hurt, registering 77 catches for 1,246 yards and 10 TDs in 14 games. He had a career-best 88 receptions in 2015 with Ottawa.

Williams helped anchor an Ottawa receiving corps that featured four 1,000-yard performers in both 2015 and '16. He signed this off-season as a free agent with B.C., joining a dynamic pass-catching group that includes veterans Emmanuel Arcenaux (105 catches, 1,566 yards, 13 TDs) and Bryan Burnham (79 receptions, 1,392 yards, three TDs).

"That's the great thing about football, it's never one guy," Williams said. "What I like is we're all so different that it really makes it tough."

Williams definitely presents a big-play threat, having registered 32 career TD catches in 63 regular-season games with Hamilton and Ottawa. After being named the CFL's top rookie in 2011, Williams was the league's outstanding special-teams player with a record six return touchdowns (five on punts, another on a missed field goal).

B.C. already has one of the CFL's top special-teams performers in Chris Rainey, who boasted a 13.9-yard punt-return average with two TDs last year. The addition of Williams gives the Lions the option of spelling Rainey or putting both threats on the field together.

> **Jonathon has all the tools.**
> Chris Williams looks forward to catching Jonathon Jennings' passes

Williams finds himself in Vancouver two years after choosing the Redblacks over the Lions as a free agent. While being excited about playing with B.C., Williams isn't entirely thrilled about having to relocate his family (wife, Lana, seven-year-old daughter Karissa and sons C.J, four, and Knighdon, two).

"I definitely enjoyed my time in Ottawa, I couldn't have asked for anything more," Williams said. "That's the sucky part about the business when you're changing so much, especially for a guy like myself who has a wife and young kids.

"But you've got to roll with the punches. (B.C.) was a team I'd previously talked with and the timing was just right this time around." THE CANADIAN PRESS

IN BRIEF

Raiders headed to Vegas
Invoking his father Al's name, and copying what the Hall of Fame owner did with the Raiders, Mark Davis is moving the franchise out of Oakland.

NFL owners approved the Raiders' move to Las Vegas 31-1 at the league meetings Monday. Miami was the lone dissenter.
THE ASSOCIATED PRESS

U.S. senate weighs in on women's hockey wages
Pressure is mounting on USA Hockey in its wage dispute with the women's national team.

On Monday, 16 U.S. senators wrote a letter to executive director Dave Ogrean, urging him to resolve the matter.
THE ASSOCIATED PRESS

Hockey kids will learn on smaller ice surfaces
Hockey Canada says it will make it mandatory that children getting their first introduction to the game play on reduced-size ice surfaces instead of full-sized rinks.

The organization has been recommending half-ice, or cross-ice, for its initiation programs for five and six-year-olds for over three decades.
THE CANADIAN PRESS

McMorris suffers injuries in crash near Whistler
An accident on a jump "well within his skill level" in British Columbia's backcountry has left Canadian snowboarding star Mark McMorris with serious injuries.

A medal favourite at next year's Winter Olympics in Pyeongchang, South Korea, McMorris is recovering in a Vancouver hospital from a broken jaw, broken left arm, ruptured spleen, stable pelvic fracture, rib fractures and a collapsed left lung.

McMorris, his brother Craig and a few friends travelled into the backcountry by snowmobile near Whistler to build the jump on Saturday, Canada Snowboard executive director Patrick Jarvis told The Canadian Press in a phone interview Monday.
THE CANADIAN PRESS

Mark McMorris GETTY IMAGES

MAKE IT TODAY

Fresh Butternut Squash and Black Bean Quesadilla

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

We've never met a lunchbox that doesn't love a quesadilla.

Ready in 1 hour
Prep time: 10 minutes
Cook time: 50 minutes
Serves 4

Ingredients
- 5 cups butternut squash, peeled and cubed
- 1/2 tsp cumin
- 1/2 tsp cinnamon
- 1 tsp chili powder
- pinch of salt and pepper
- 1 Tbsp olive oil
- 1 x 14 oz can black beans, rinsed
- 2 cups grated cheddar cheese
- big handful of cilantro, chopped
- 8 tortillas

Directions

1. Preheat the oven to 350 degrees. In a large bowl, toss squash with spices and olive oil until well coated.

2. Spread evenly on baking sheet and place in oven for 20 minutes.

3. Remove from oven and add beans to baking sheet. Give everything a stir and again, spread evenly on the sheet. Place back in oven for 20 minutes.

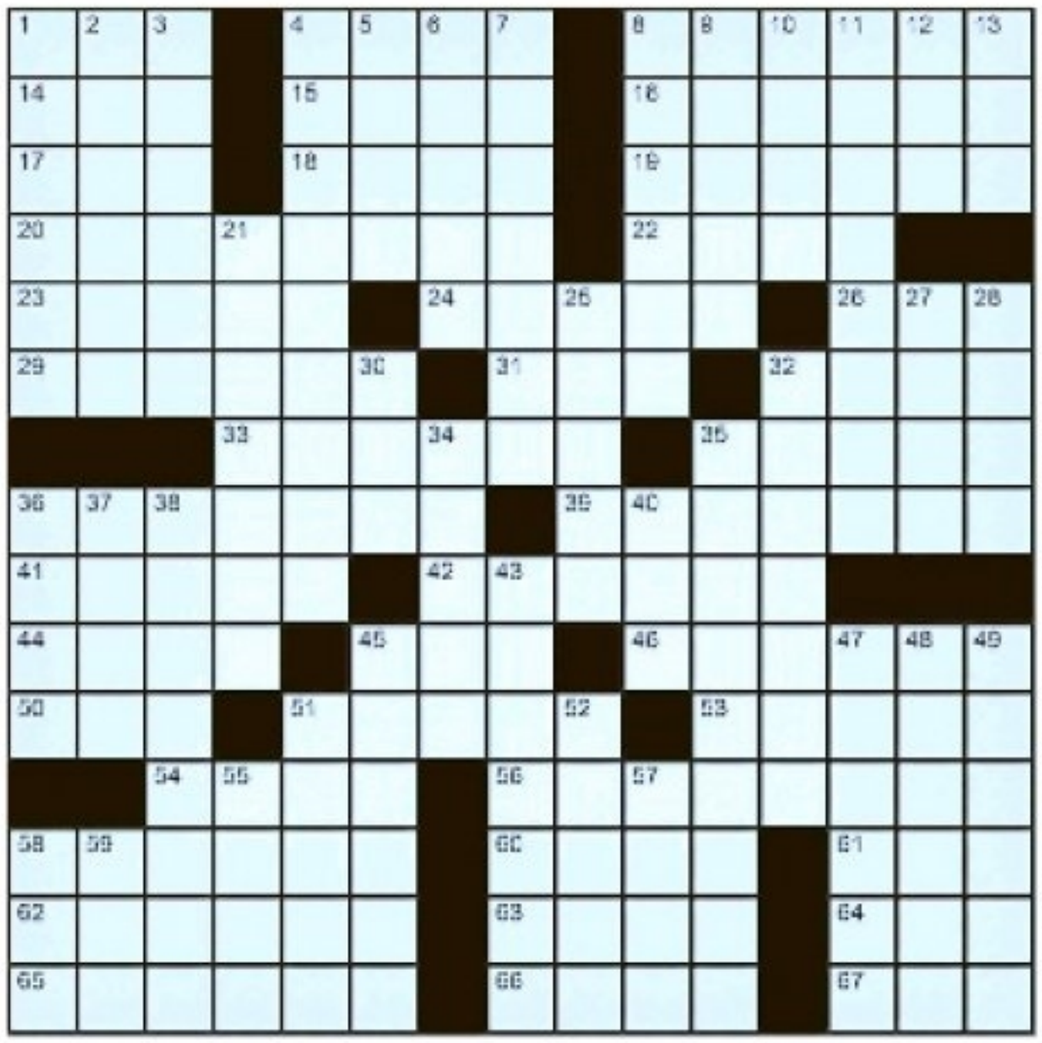
4. Drizzle a bit of oil in skillet over medium heat. Place a tortilla down and spread 1/4 of the squash and bean mixture to the edge of the tortilla. Sprinkle 1/2 cup of grated cheese and then a bit of cilantro. Top with another tortilla. Place a plate on top and press down firmly. Cook about five minutes until tortilla is golden and cheese is beginning to melt. Carefully flip quesadilla over and cook another five minutes on the other side. Repeat with the rest of your tortillas and squash.

5. Cut cooked quesadilla into quarters and serve with guacamole, sour cream and salsa.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "The _ Diary" (2011)
4. Montreal Canadiens, to fans
8. Talkative
14. With _ '_' (How #49-Down's answer begins)
15. Not well-y
16. British actor Hugh of "House"
17. Canuck financial inst.
18. Bob _ (Former anchor on "Entertainment Tonight")
19. Broken, as promises
20. Alberta: Paddle River town northwest of Edmonton
22. Raised flatland
23. Nonpareil
24. Unstable, like a boat in rough waters
26. Dance style
29. Named/designated
31. Weep
32. Canadian contractor Mr. Holmes
33. "That very well may be...": 2 wds.
35. Group ruled by Odin
36. Ohio, The _ State
39. Component
41. "I'm with You" singer Ms. Lavigne
42. From Sea to Sea: 'A Mari Usque _ _'
(Canada's motto)
44. No, in Germany
45. Grand _ (Wine classification)
46. Boss, head _
50. Suffix with 'Euclid'
51. Wine holders
53. Fender guitar, familiarly
54. "Star Trek II: The Wrath of _" (1982)
56. Northeastern Alberta town: 2 wds.
58. Soundless
60. Mike's "Wayne's World" (1992) co-star
61. Handheld mobile device [acronym]
62. Exaggerate
63. 'Hypn' suffix
64. "I-i-c-k-y!"
65. Professor's preparation
66. Distribute the divisions
67. Gr. that kidnapped Patty Hearst

DOWN
1. Bunny
2. Not yet fabricated
3. Pier anchorer
4. 'Gateway to the South' town in northern Alberta: 2 wds.
5. Soother-of-skin succulent
6. Lamb's utterance
7. Representatives, such as in business transactions
8. Like handfuls of soil
9. Mr. _ (Schemer on classic sitcom "Green Acres")
10. Diving birds
11. Scholar's essay
12. Pencil part
13. Nevertheless
21. Baking/serving bowl
25. Preamble
27. Similar
28. 2in1 hair care brand
30. Susan of "L.A. Law"
32. Movie of 2000 for Australian actor Guy Pearce in which Vancouver-born actress Carrie-Anne Moss also starred
34. Approaches
35. Division of Canadian firm Bombardier Inc
36. Scourge
37. Iris's place
38. Sounds like walked-upon dry fallen leaves
40. "Well, _-di-dah."
43. Cambridge, for Prince William
45. Uri, for William Tell
47. "Sheesh!"
48. Baroque composer of the oratorio Messiah
49. ByWard Market city
51. _-_ attitude (Positive person's asset)
52. Writing tablet
55. His 'n' _
57. Work with needles and yarn
58. Pine-_ (Cleansing product)
59. "You're All _ Got Tonight" by The Cars

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Put a lid on things today, because it's easy to get out of control since you are more emotional than usual. In fact, you are intense and a bit over the top! Easy does it.

Taurus April 21 - May 21
Today you might do a slow boil about something behind the scenes, because you are quietly annoyed. The problem is that you cannot speak up. This is always frustrating.

Gemini May 22 - June 21
Be patient with a friend today, or with someone who is a member of a group to which you belong. There's no point in fighting with someone. What's the upside?

Cancer June 22 - July 23
You are high-viz today and extremely focused on something related to bosses, parents or some kind of authority figure. Don't get carried away.

Leo July 24 - Aug. 23
Avoid subjects like politics, religion and racial issues today, because these are too touchy. Your response to others will be too emotional.

Virgo Aug. 24 - Sept. 23
Disputes about shared property, inheritances, wills and insurance issues might arise today. If so, you will have strong feelings about something. Just remember your objectives.

Libra Sept. 24 - Oct. 23
You will have to go more than halfway to get along with others today. Just accept this and be cooperative. Make your life easier.

Scorpio Oct. 24 - Nov. 22
Avoid arguments with co-workers today, because people are opinionated and pushy. Save your bright suggestions for another day. You'll be glad you did.

Sagittarius Nov. 23 - Dec. 21
Parents might be challenged by hissy fits and meltdowns from their kids today. Be patient and loving. Likewise, romantic partners will have to be easygoing in order to avoid fights.

Capricorn Dec. 22 - Jan. 20
Your desire to make some improvements at home could be met with resistance. Don't be too pushy. In time, you will get your way. If you push too hard today, you only will increase opposition.

Aquarius Jan. 21 - Feb. 19
Today you are more emotional than usual, especially during your discussions with siblings and relatives. Try not to let your feelings get in the way of your common sense.

Pisces
Feb. 20 - March 20
If shopping today, you will be obsessed with buying something: "I have to have it!" Be careful. Don't do anything you will regret later.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			2		1		6	
	2							8
		1		9		4		
8			9		4			1
		6		5		7		
1			8		3			2
		9		2		3		
3							4	
	7		4		6			

©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

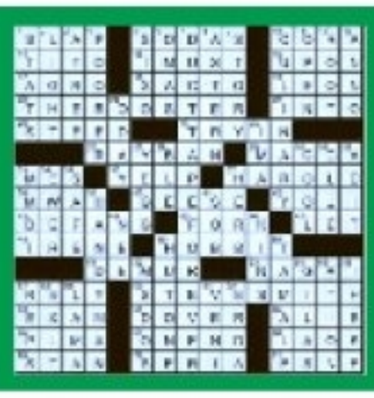
INDIAN ASTROLOGER & PSYCHIC
PANDIT: RAMDEV
PALM * READING * FACE READING * HOROSCOPE
REMOVES BLACK MAGIC, HADOOP, VISIO, OBEYAH EVIL SPIRITS & 9 DAYS GOOD RESULT PROVIDES 100% LONG TIME, PROTECTION
EXPERT IN BRINGING BACK LOVED ONES...
PROBLEM IN BUSINESS, LOVE, MARRIAGE, JOb, MONEY, CHILDREN MISTAKES, HUSBAND & WIFE. MATTERS RELATIONSHIP, WEALTH, SICKNESS, DEPRESSION, COURT MATTERS, JEALOUSY, PERSONAL MATTER
NOBODY CAN BREAK MY WORK IF YOU HAVE PROBLEMS. I HAVE SOLUTIONS
604-369-8051 Life long protection
12187 75 Ave, Surrey, BC

DOWNLOAD METRO'S NEW APP NOW
OFFLINE READING
•LOCAL NEWS • VIEWS
•LIFE • SPORTS
>>>

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



7	5	1	3	9	4	8	2	6
2	8	3	6	1	7	9	5	4
4	9	6	5	2	8	1	3	7
5	2	4	9	6	1	3	7	8
8	6	9	7	3	5	2	4	1
3	1	7	8	4	2	6	9	5
1	3	2	4	5	6	7	8	9
9	7	5	1	8	3	4	6	2
6	4	8	2	7	9	5	1	3

MUSIC THERAPY

Your Brain On Music

Music affects our brains like no other experience.

Music therapy is a research-based practice and profession in which music is used to actively support people as they strive to improve their health, functioning and wellbeing.

DONATE TODAY

musictherapytrust.ca

Music can bypass injury
Stroke victims can regain speech; paralysis victims can regain movement

Music engages the whole brain
People with social or expressive limitations can open up and communicate through music

We're hardwired for music
Music activates our brain's reward system, releasing dopamine, which improves our emotional state

Music is processed and remembered like nothing else
Those with Alzheimer's are able to sing, and engage with music; music often brings back important memories

Music can change the brain
Music encourages neuroplasticity, the ability of the brain to 'rewire'

Who Can Music Therapy Help?

- Addictions
- HIV / AIDS
- Autism
- Brain Injuries
- Cerebral Palsy • Dementia
- Developmental Disabilities
- Abuse
- Trauma
- Post-Traumatic Stress Disorder
- Learning Disabilities
- Neurological Impairments
- Physical Challenges
- Sensory Impairments
- Stress
- Depression and Anxiety
- Terminal Illness
- And much, much more

Despite the mounting scientific evidence that music therapy works, it remains unfunded by government health programs and most corporate benefits

To be a Music Therapist (MTA):

- University degree in music therapy
- 1000 hours of clinical internship
- Pass a certified board exam

690 MTAs in Canada today!

SINCE 1993, THE CANADIAN MUSIC THERAPY TRUST FUND HAS RAISED OVER $4.8 MILLION AND SUPPORTED MORE THAN 450 PROJECTS ACROSS CANADA

DONATE TODAY

Give the gift of music therapy at **musictherapytrust.ca**

CANADIAN MUSIC THERAPY TRUST FUND

FONDATION DE MUSICOTHÉRAPIE DU CANADA